

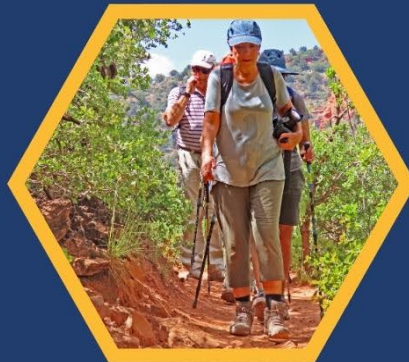
New Frontiers for Lifelong Learning

www.newfrontiers.mesacc.edu

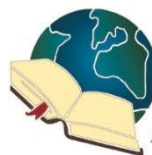
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SPRING 2025 CLASS SCHEDULE

Scan the QR code
to go to the NFLL website



**MESA
COMMUNITY COLLEGE**
A MARICOPA COMMUNITY COLLEGE



**NEW FRONTIERS
FOR LIFELONG LEARNING**

Expand your world

A PROGRAM OF MESA COMMUNITY COLLEGE

New Frontiers for Lifelong Learning (NFLL) is a Mesa Community College (MCC) non-credit, community education program designed by and for active seniors in the community. NFLL members serve as MCC ambassadors to active adult learners: providing peer-led classes (in person and online), social events, volunteer opportunities, and physical activities like hiking, biking, and walking groups. Learn more about NFLL at newfrontiers.mesacc.edu or calling 480-461-7497. **The fee to join NFLL is \$80** covering activities in the academic year from September 1 through August 31. No partial fee is available. For this fee members may attend unlimited in-person and online classes or social events as they wish. Additional fees may be assessed for supplies, and social events.

Returning Member Fee Payment	New Member Enrollment
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1. **Step One:** Returning New Frontier Members
 - a. Update your member account.
 - b. Go to newfrontiers.mesacc.edu. Click on the **Members Acct** tab at the top of the page.
 - c. Login, *DO NOT* create a new account.
 - d. Register for your classes!

If you have difficulty registering for classes or accessing your account, please send an email to newfrontiers@mesacc.edu describing what problem you are having. A volunteer will contact you within 48 hours to assist you.

1. **Step One:** NFLL members must enroll in MCC as a non-credit student before registering for New Frontiers classes. The enrollment process may take 2-5 days, so it is important to complete this process before class registration opens. To enroll the first time
 - a. To begin, go to newfrontiers.mesacc.edu. Click on the **Members Acct** tab at the top of the page.
 - b. Select **New User? Start Here**. Complete the form according to the online instructions and select *Submit*. Enter your name as you would like it to on your name tag.
2. **Step Two:**
 - a. Once the **New Member Form** is submitted, you will be notified by the MCC New Frontiers office for confirmation and instructions on payment of enrollment fee.
 - b. In 2 to 3 business days, you will receive an email with instructions on how to contact the MCC cashier and pay the New Frontiers fee of \$80.
 - c. Once you have paid your fee, you can register for classes starting January 1, 2025. Follow the **Online Class Registration** instructions below.

NEW LOOK FOR REGISTRATION PAGE! 

You can now search for your classes when you register by title, location, or instructor. New this year is a calendar showing the classes by day, week, or month. Easier to see conflicts with your other activities. If you only want a specific location or campus, you can search for that also!

Class Registration is open now!
Some Classes start in January, most in February. Check schedule for dates and locations

Current Members: To register for classes:

1. Go to www.newfrontiers.mesacc.edu, click on *Member Account* at the right side of the menu bar
2. Select your classes by **Title, Location, or Instructor**. Classes appear in alphabetical order by title.
3. **When finish selecting classes, scroll to bottom of page and hit 'Submit' to complete registration.**
4. You will receive a confirmation email for each class you have registered for.

Spring 2025 General Information

Spring Preview – Open House

Friday, January 17, 2025 1:00 – 3:00 pm
MCC Red Mountain Campus
McKellips and Power Road, Mesa, AZ
Mesquite Building 2nd floor Community Room

New Member Coffee

Friday, January 31, 2025 10 – 11:30 am
MCC Red Mountain Campus
McKellips and Power Road, Mesa, AZ
Saguaro Building Atrium Lobby

Social Committee

Check out what our Social Committee has in store for you! They work tirelessly to bring us interesting and informative tours and events. Information on Social Events can be found on the New Frontiers website under Happenings/Social. Go to <https://newfrontiers.mesacc.edu/social.html>.



Out-to-Lunch

Come join us for a monthly lunch gathering to bring members together. Normally held on the second Thursday, of the Month. Reservations required, separate checks are requested. **Watch your email and the webpage for details.**

Study Hall – AKA Happy Hour

Join fellow NFLL members for an early dinner and beverage of your choice once a month, normally on the last Tuesday of the month. Social Committee members pick a different location every month so check the website for location. No reservations needed. Separate checks requested. **Watch your email and the webpage for details.**

Special Events

Social Committee members plan special events throughout the year such as the Holiday Party and Spring Picnic for members. Members are always welcomed to give helping hands to make these events successful. **Watch your email and the webpage for details.**

Field Trips/ Tours

The Social Committee members can find the best places to explore around the Valley of the Sun! This includes museums, local sites of significance and much more. Members provide their own transportation and admission fees. Carpooling from a central site is facilitated if needed. Reservations normally required. **Watch your email and the webpage for details.**

The Maricopa County Community College District (MCCCD) is an EEO/AA institution and an equal opportunity employer of protected veterans and individuals with disabilities. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, age, or national origin. A lack of English language skills will not be a barrier to admission and participation in the career and technical education programs of the District. The MCCCD does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities. For Title IX/504 concerns, call the following number to reach the appointed coordinator: (480) 731-8499. For additional information, as well as a listing of all coordinators within the Maricopa College system, visit <http://www.maricopa.edu/non-discrimination>.

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ALL ABOUT NEW FRONTIERS

Benefits of Belonging to NFLL -

Dobson Campus -- BP 3S Monday, January 27, 1:30 – 3:00 pm

Red Mountain Campus -- DW 131 Thursday, January 30, 2:00 - 3:30 pm

Presenter: Roland Tanner & Suzanne Brown

Do you know the hidden benefits of belonging to NFLL? Software, Amazon Prime, discounts, connections? Come to this class (and bring a friend who might join) for this overview of all the great things about being in NFLL!

JANUARY CLASS, REGISTER EARLY

Zoom Classes, An Introduction

ONLINE Tuesday, January 28, 1:00-2:30 pm, [Click here for link](#), Meeting ID: 841 0403 8059

IN-PERSON, Wednesday, January 29, 1:00-2:30 pm Dobson Campus BP 3S

Presenter/Facilitator: Suzanne Brown

Think our **ONLINE** courses look good but you aren't confident in your Zoom abilities? Come join one of these classes and learn the basics and some of the tricks of Zoom. Bring your laptop to see the screens on your own equipment. Beginners, novices, intermediates welcomed! If you feel you are an expert, come and help join in helping others!

JANUARY CLASS, REGISTER EARLY

ARMCHAIR TRAVELING

World Heritage Sites

INPERSON

Wednesdays, February 5, 12, 19, 26, March 5, 19 (No class March 12). 3:00 - 4:30 pm
Red Mountain Campus DW 131

ONLINE

Mondays, February 3, 10, 17, 24, March 3, 17 (No class March 10). 3:30 - 5:00 pm
[click here to join](#) Meeting ID: 823 4114 7600 Passcode: 143508

Facilitator: Suzanne Brown

UNESCO World Heritage Sites comprise a breathtaking panorama of our world's greatest treasures, both natural and man-made, now encompassing sites in 167 countries. To be familiar with even a sampling of these sites is to appreciate and understand the masterworks of human endeavor down through history, as well as our world's most extraordinary natural wonders. Join with fellow lifelong learners to see 12 of these sites this term. This is a Great Course presentation.

History of India - ONLINE

Mondays, March 24, 31, April 7, 14, 21, 28.
3:30 - 5:00 pm

ONLINE [click here to join](#)

Meeting ID: 893 4733 9780 Passcode: 938801

Facilitator: Suzanne Brown

Over the past 5,000 years, the cultures and people of the Indian subcontinent have developed in fascinating and complex ways. Today, India, Pakistan, and Bangladesh comprise one of the most dynamic and increasingly significant parts of humanity. South Asians currently total 20% of the world's population. Join us for lectures 13-24 in this Great Course.

China: The Butterfly Lovers

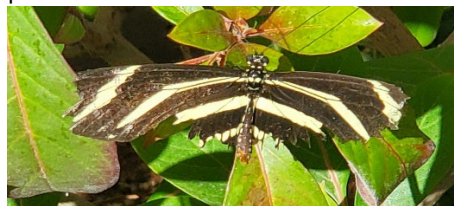
Tuesday, March 4, 1:30 – 3:00 pm



ONLINE [click here to join](#)

Meeting ID: 828 5101 9177 Passcode: 218976

Presenter: Jennifer Wong

Come and be enchanted by the famous tale of the Butterfly Lovers which has long been the inspiration for a musical concerto as well as many theatrical performances.



<p>My Trip to Israel in 2016 Wednesday, Feb. 12, 1:30 – 3:00 pm ONLINE click here to join Meeting ID: 842 3891 0809 Passcode: 715408 Presenter: Ron Applebaum Facilitator: Sam Wong</p> <p>Explore thousands of years history while watching Ron Applebaum's video of Israel, taken in 2016, during his 13th trip to the Holy Land. You'll see ancient sites such as Jerusalem, Jaffa and Acra as well as modern cities such as Tel Aviv. Note: This is not a political video.</p>	<p>The Superstition Mountains and the Legend of the Lost Dutchman Wednesday, April 2, 1:30 - 3:00 pm Red Mountain Campus PV-207 Presenter: Mike Scarbrough</p> <p>Learn about the mountains clearly visible to the east from Red Mountain campus (like you could reach out and touch them!) along with their involvement in the legend of lost gold!</p>
<p>Oregon Trail Travel Revisited - 2022 Friday, April 18, 2025, 1:30 - 3:30 pm Red Mountain Campus DW 131 Presenter: Allan Zisner</p> <p>Relive my road trip travel along the Oregon Trail taken in Summer of 2023. I will share my observations and interpretations of the journey the travelers experienced.</p>	<p>The Great Ocean Road Australia Monday, April 7, 1:30 – 3:00 pm Dobson Campus BP 1S Facilitator: Margo Heaps</p> <p>DVD tour of a remarkable area of Australia.</p> 
<p>BEFORE YOUR FAMILY HAS “THE TALK” WITH YOU!</p>	
<p>Forgetfulness? Or Something Else? Thursday, March 27, 1:30 – 3:00 pm Dobson Campus BP-4 Facilitator: Dan Taylor Presenter: Elaine Poker Younts</p> <p>What's Actually Normal as We Age and What Really Isn't? We all forget things occasionally, or struggle to find the right words. And yes, we all lose our keys occasionally. When we do these things, we tend to get a little panicky sometimes, especially if we sense it's happening more often, or if Alzheimer's or some other form of dementia runs in the family. Is this normal? Learn the differences between what really IS NORMAL at our current stage, and what isn't, AND what other issues present similarly to dementia!</p>	<p>Elder Abuse and Prevention Tuesday, February 4, 2:00 - 3:30 pm Dobson Campus BP -4 Presenter: Nancy Juarez</p> <p>Elder Abuse is a major problem in Arizona. Arizona Attorney General Kris Mayes' Office is committed to protecting seniors from abuse of any kind, including physical abuse and neglect. Join a member of the Attorney General's office as they review with us what elder abuse is, how we can prevent it and what can be done if it occurs.</p>  <p>KNOW ABUSE REPORT ABUSE ELDER AND DEPENDENT ADULT ABUSE AWARENESS</p>
<p>My Scam Story: "What to Watch For" Tuesday, March 4, 2:00 - 3:00 pm Dobson Campus BP 3S Presenter: Beverly Bowers</p> <p>In this class, we will discuss some of the most common scams playing out in our community. The instructor will share her scam story as well as others she is privy to through her 30+ years in the financial industry. She will share examples of emails and text messages to be leery of so that you are not subject to a fraudster's trap.</p>	<p>Probate and Being an Executor/Personal Representative Thursday, April 3, 9 :00 - 10:30 am Dobson Campus BP 3S Presenter: Heather Parker</p> <p>Naming or being named as an Executor or Personal Representative for an estate has numerous duties and responsibilities. Come join this class to learn more and be prepared for your future.</p>

<p>Ethical Dilemmas at End of Life: Case-Based Tuesday, February 25, 2025, 1:30 - 3:00 pm Red Mountain Campus PV 207</p> <p>Presenter/Facilitator: Karen J. Nichols, DO, MA, MACOI, FACP, CS-F (retired) As an internist practicing geriatrics, there were many dilemmas that had to be handled as patients approached end of life. As the speaker dealt with these issues for 17 years, she developed a program to teach medical students, residents and practicing physicians about frequently encountered issues. This presentation includes ethical approaches to such issues as withholding vs. withdrawing medical interventions, medical futility and advance directives. Continued interest in these topics has led to presentations to estate planning attorneys and to the lay public in a variety of venues.</p>	<p>Introduction to Estate Planning Tuesday, April 1, 9:00 - 10:30 am Red Mountain Campus DW 131</p> <p>Presenter/Facilitator: Heather Parker Join us to learn about the basics of estate planning - what is a will, trust, powers of attorney, medical directives, and when/how are they used?</p> 
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BUSINESS AND FINANCIAL

<p>What's New for Small Business Retirement Plans? Tuesday, April 1, 2:00 - 3:30 pm Dobson Campus BP 3S</p> <p>Presenter/Facilitator: Beverly Bowers It is a challenge for small businesses to retain quality employees. Have you taken advantage of the benefits, some with nice tax breaks, that were enacted with SECURE 2019 and 2022? This class will cover changes to the types of retirement plans that can be offered by small businesses. They include Roth SEP and SIMPLE plans as well as starter 401(k)s. Tax credits for plan administrative costs and changes in retirement plan contribution limits for 2025 will also be covered.</p>	<p>Navigating Taxation in Retirement Tuesday, February 25, 11:00 am -12:30 pm ONLINE click here for link Meeting ID: 514 309 0665 Passcode: SESService</p> <p>Presenter/Facilitator: Scott Sandell Taxation in retirement is vastly different than your working years. Understanding the taxation that effects retirees will help you navigate as efficiently as possible. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.</p>
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<p>Harnessing the Power of Roth Tuesday, February 4, 11:00 am -12:30 pm ONLINE click here for link Meeting ID: 514 309 0665 Passcode: SESService</p> <p>Presenter/Facilitator: Scott Sandell Roth is for EVERYONE! Regardless of age, wealth, gender, etc. We will learn everything we need to know about Roth in order to take advantage of this special tax status. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.</p>	<p>Tax-Efficient Retirement Planning Wednesday, March 12, 11:00 am -12:30 pm ONLINE click here for link Meeting ID: 514 309 0665 Passcode: SESService</p> <p>Presenter/Facilitator: Scott Sandell It has become extremely important to become tax efficient in retirement in order to maximize what you have. We will review the most common ways to save taxes in retirement and discover how planning helps you maximize your efficiency. I promise this is not a dry boring tax class. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.</p>
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<p>Preparing for Retirement: Essential Strategies for a Smooth Transition Tuesday, April 29, 11:00 am -12:30 pm</p> <p>ONLINE click here to join Meeting ID: 514 309 0665 Passcode: SESService</p> <p>Presenter: Scott Sandell If you are within 10 years of retirement or in the early stages of retirement, this is for you. We will discover what is changing, why it is changing and how to position yourself for success in retirement. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.</p>	<p>Navigating Safe Investments in Today's Market Friday, April 9, 11:00 am -12:30 pm</p> <p>ONLINE click here to join Meeting ID: 514 309 0665 Passcode: SESService</p> <p>Presenter: Scott Sandell With rising interest rates, and the current level of market volatility, where do people turn to protect their wealth while still earning something? We will explore ALL investments commonly referred to as safe, while contemplating their future in this complex market. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.</p>
<p>Taxes & Retirement Monday, February 10, 9:00 – 10:30 am ONLINE click for link</p> <p>Presenter: Matthew Benson Are you ready to take control of your tax situation? This session will cover essential topics such as tax-efficient investing, retirement planning, and charitable contributions, all designed to help you make the most of your hard-earned money. Matthew Benson, a renowned financial expert featured in Bloomberg, Forbes, MarketWatch, USA Today, and CNBC, will share his insights and practical tips to help you navigate the complexities of financial planning.</p>	<p>Social Security News and Updates Friday, March 28, 1:00 – 2:30 pm ONLINE click for link</p> <p>Presenter: Jack Burns This class will review some of the changes and news related to Social Security in 2025. We will also address any "pre-retirement" questions that those community members that have yet to collect Social Security may have.</p>
<p>Strategies to Maximize Your Retirement Income Thursday, March 6, 10:00 - 11:30 am Red Mountain Campus DW 131</p> <p>Presenter: Stacey Bendfelt Join Stacey Bendfelt for an enlightening presentation on maximizing your retirement income. As many retirees today are expected to reach their 90th birthday and beyond, it's crucial that your financial and insurance plans evolve with you. This session will cover essential strategies to help you maximize your income in retirement, including when to take Social Security to get the most out of your benefits, insights into 401(k)s and IRAs, tax-efficient investing options, creating a reliable income stream with annuities, and planning for future health care needs. Don't miss this opportunity to plan for a more comfortable and enjoyable retirement!</p>	<p>What's New for Individual Retirement Plans (IRAs)? Tuesday, February 18, 2:00 - 3:30 pm Dobson Campus BP 3S</p> <p>Presenter: Beverly Bowers IRA rules changed with the enactment of SECURE 2019 and 2022 and are changing more in 2025. Are you up to date with Required Minimum Distributions both for your own accounts and any inherited IRAs? This class will focus on what you and your beneficiaries need to know to avoid any withdrawal penalties. It will also cover new contribution rules for 2025 for both IRAs and company retirement plans. This information is essential for a successful estate plan.</p>

Discussion and Book Clubs

Monday Morning Conversations via WebEx

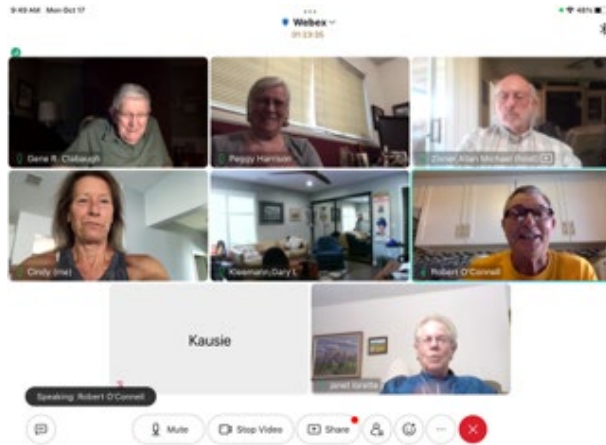
Mondays, January 13 weekly until May 5, 8:30 - 10:00 am

ONLINE [click for link](#)

Facilitator: Allan Zisner

Discussion of local, state, national, and international issues, or whatever the group wants to discuss. If you register late, please contact the facilitator.

JANUARY CLASS, REGISTER EARLY



First Friday, Book Club

First Fridays, January 6, February 7, March 7, April 4, & May 2, Five (5) sessions, 10:00 - 11:15 am

OFFSITE Red Mountain Aster Senior Center

Facilitator: Diane Grogan

This is a companion book club to the Bookshelf and Mystery and Mayhem book clubs; however, it is being offered at the Red Mountain Aster Senior Center. Participants need to buy, borrow, or download a copy of each novel.

Jan. 6 *West with Giraffes* by Lynda Rutledge (Cheryl)

Feb. 7 *Blood on Snow* by Jo Nesbo (Mary)

March 7 *A Rule Against Murder* by Louise Penny (Mary)

April 4 *The Hello Girls: America's First Women Soldiers* by Elizabeth Cobbs (Cheryl)

May 2 *The No. 1 Ladies Detective Agency* by Alexander McCall Smith (Diane)

JANUARY CLASS, REGISTER EARLY

Bookshelf

Wednesdays, Feb. 12, 26, March 12, 26, April 9, 30. Six sessions 10:00 - 11:15 am

OFFSITE Aster Center Downtown Mesa

Facilitator: Diane Grogan

If you love to read, this is the perfect class for you! Lively discussions of the author and the book occur at each session. Class participants select books to read and discuss each semester. Participants are not required to read all books or attend all sessions. Participants will need to borrow, buy or download books.

February 12 *The Hello Girls: America's First Women Soldiers* by Elizabeth Cobbs (M. Boehlen)

February 26 *The Sentence* by Louise Erdrich (D. Grogan)

March 12 *Stiff: The Curious Lives of Human Cadavers* by Mary Roach (A. Mickle)

March 26 *The Book of Longings* by Sue Monk Kidd (R. Brooks)

April 9 *The Magnificent Lives of Marjorie Post* by Allison Pataki (J. Overdorff)

April 30 *The Frozen River* by Ariel Lawhon (T. Kolstad)

Mystery and Mayhem Book Discussion

Wednesdays, February 5, 19, March 5, 19, April 2, 16. 10:00 - 11:15 am

OFFSITE Aster Center Downtown Mesa

Facilitator: Mary Boehlen

Do you enjoy mysteries? Do you like to discuss books after reading them? Do you want to expand your knowledge of Mystery Writers? Then join our group to discuss books chosen by the group. Come to one session or all as your schedule permits.

February 5- *The Art Forger* by B. A. Shapiro (Annette Mickle)

February 19 - *The Plot* by Jean Hanff Korelitz (Diane Grogan)

March 5 - *A Rule Against Murder* by Louise Penny (Mary Boehlen)

March 19 - *Murder at the Vicarage* by Agatha Christie (Margo Heaps)

April 2 - *Moriarty: A Novel* by Anthony Horowitz (John Overdorff)

April 16 - *The Murderess* by Laurie Notaro (Tomi K.)

GOOD FOR US

Infinite Possibilities

Tuesdays, Feb. 4, 11, and 18, 2025, 3 sessions,
10:00 - 11:30 am
Red Mountain Campus DW 131

Presenter: Nancy Spence

Attitude is everything. What you focus on expands. Join us to focus on changing limiting beliefs, recognizing our own reactions and choices, creating a plan, and visualizing new possibilities. If you have a willingness to practice looking for the positive, and want to share this with others, this is the class for you. Thoughts become things. Let's practice the good ones.

Steps to a Healthy Back

Friday, April 11, 1:00 - 3:00 pm
Dobson Campus BP 1S

Presenter: Dr. Sonny Sampedro,
Facilitator: Larry Merrill

What are the many causes of back pain? Are there any risk factors? Discover the many ways to diagnose back problems. What treatments are available and what are some of the alternative treatment options. Does exercise and diet play a role? What preventative measures can one take to prevent this condition?

Steps to a Better Heart

Friday, February 21, 1:00 - 3:00 pm
Dobson Campus BP 1S

Presenter: Dr. Sonny Sampedro,
Facilitator: Larry Merrill

In the US, heart disease is one of the leading causes of death. Heart attacks occur every 40 seconds. What are the different types of heart disease and the risk factors? Discover the procedures done to diagnose this condition. What treatments are available? Are there alternative treatments? Does exercise and diet play a role? What preventative measures can one take to prevent this condition?

Autism - What is it Like Living with Autism

Monday, April 07, 10:15 - 11:45 am

ONLINE [click for link](#)

Presenter: Rob Truman

What is Autism? It's never easy learning that someone you love has a neurological developmental disability like autism. Autism spectrum disorders (ASDs) are a group of developmental disabilities that can cause significant social, communication and behavioral challenges. Join us as we discuss Autism and watch a couple of short informative films that try to let you experience what it is like living with Autism.

HISTORY, POLITICS, AND CURRENT EVENTS

Arizona Town Hall discussion on Voting and Elections

Tuesday, April 10, 1:30 -3:00 pm
Dobson Campus BP 8

Presenter/Facilitator: Brian Dille

What is our shared vision for our democracy? This year's Town Hall explores the effectiveness of Arizona's current democratic institutions on our ability to thrive, specifically our current systems for voting and elections. We will have a robust, respectful, and fruitful discussion at this Town Hall. We will develop consensus recommendations to help Arizona meet its potential.

The History Channel Transcontinental Railroad

Wednesday, March 26, 1:30 - 3:00 pm
Dobson Campus BP 1S

Presenter/Facilitator: Margo Heaps

An interesting look into the building of the Transcontinental Railroad.

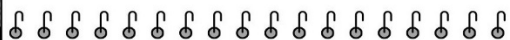


<p>Who Invented That?! Thursday, February 20, 2:00 - 3:30 pm Dobson Campus BP 4</p> <p>Presenter: Jay Mark There are so many things in our everyday lives that we just take for granted. No one gives a second thought to the closure that zips up our clothing; or the hanger on which we hang up our garments; or the paperclip that attaches documents; or the wheels that move luggage with ease; or bathroom commode; or the paper roll that accompanies it. Each of those things took an inventive human brain to create such conveniences. Join Jay as he reveals who invented what and how they evolved.</p>	<p>Aotearoa -Kingdom of Kiwi's – A Journey to New Zealand Thursday, March 20, 2:00 - 3:30 pm Dobson Campus BP 4</p> <p>Presenter: Jay Mark Locally referred to as Aotearoa, it's known internationally as New Zealand. Jay Mark takes you to a country off the beaten path where the scenery is spectacular, and the people are remarkably friendly. This fascinating journey takes you from when the Māori first discovered the new land to a present-day nation now best known for home to Lord of the Rings.</p>
<p>Open to Debate Thursday, February 6, March 6, April 24, Tuesday, April 8 4 sessions, 1:30 - 3:30 pm Dobson Campus BP 4</p> <p>Facilitator: Suzanne Brown & Others Open to Debate is the nation's only nonpartisan, debate-driven media organization dedicated to bringing multiple viewpoints together for a constructive, balanced, respectful exchange of ideas. Open to Debate is a platform for intellectually curious and open-minded people to engage with others holding opposing views on complex issues. Each month we will view a different program and discuss the issues and concepts. To learn more about Open to Debate, check out their website at: https://opentodebate.org/about/. If you see a topic you want us to discuss, let the facilitator know.</p>	<p>What It Means to Be an Immigrant and Live in America Thursday, February 13, 2:00 - 3:30 pm Dobson Campus BP-4</p> <p>Presenter: Patrick Connell Patrick Connell was born in Dublin, Ireland on March 3, 1951 at St. Patrick's Orphanage. He, along with a girl, was adopted and brought to the United States in 1958 and subsequently became an American Citizen after being naturalized in late 1958. He will share with us his outlook on the Constitution, the Declaration of Independence, and responsibilities of citizenship based on his career in the Marines, law enforcement, and working for the Veterans Administration. Pat will challenge our thinking and behaviors.</p>
<p>Town Hall with Mesa Councilwoman Alicia Goforth Tuesday, February 11, 2:00-3:30 pm Dobson Campus BP 4</p> <p>Presenter: Councilwoman Alicia Goforth with Vice-Mayor Francisco Heredia Facilitator: Dan Taylor Come join Mesa Vice-Mayor Francisco Heredia and Councilwoman Alicia Goforth in a discussion of current status and concerns in Mesa. Open to residents of Mesa.</p>	<p>Town Hall with Mesa Councilwoman Alicia Goforth Tuesday, March 18, April 15, 2:00-3:30 pm Red Mountain Campus DW 131</p> <p>Presenter: Alicia Goforth Facilitator: Dan Taylor (3/18) Come join Mesa Councilwoman Alicia Goforth in a discussion of current status of local agencies and concerns in Mesa. Open to residents of Mesa.</p>



The History of Terrorism and US Counterterrorism since 1945

CANCELLED



Benefits of Belonging

As a student of MCC and NFLL Member:

- Free access to Office 360, anti-virus, Zoom, WebEx,
- Discounts at entertainment and cultural activities
- Access to MCC libraries, online services, & electronic resources
- Membership to Phoenix Forge, a maker site

We have new benefits coming!

Check out the NFLL website for more information.

20th Century Titans

CANCELLED

Role of Religious Diversity for Environmental Justice

Thursday, February 27, 1:00 -2:30 pm

ONLINE [click here for link](#)

Presenter/Facilitator: Vasu Bandhu, Faith Community Coordinator, Arizona Faith Network

The various religions collaborating together to protect the environment, through respect, understanding and education, in the religious diversity, to be an important ally of partnership with other sectors of society. Religious diversity has an important role in society as promoters of values and principles for peace and justice.



Buddhism: The No-Religion Religion

Monday, February 03, 10:15 – 11:45 am

ONLINE [click here for link](#)

Presenter: Rob Truman

Buddhism is a religion to about 300 million people around the world, but to many, Buddhism goes beyond religion and is more of a philosophy or 'Way of Life'. Join us as we examine the principles of traditional Buddhism along with Zen Buddhism followed by a secular discussion.

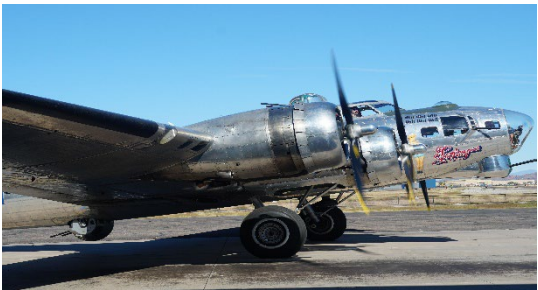
B-58 "Hustler" Bomber: The Only Mach 2 Nuclear Bomber

Tuesday, February 04, 1:00 – 2:30 pm

ONLINE [click here for link](#)

Presenter: James Evans

Although the Convair B-58 "Hustler" bomber had a relatively short operational career and never "fired a shot in anger," it remains a uniquely capable aircraft in the U.S. Air Force history. Based upon "B-28 Blunder: How the US Abandoned its Best Strategic Bomber" and the experiences of a pilot and a navigator friend of mine who both flew the B-58.

<p>Convair B-36 "Peacemaker": Gargantuan Bomber. Wednesday, February 12, 1:00 – 2:30 pm ONLINE click here for link</p> <p>Presenter/Facilitator: Jim Evans The Convair B-36, called the "Peacemaker," was the largest bomber ever flown. For about a dozen years, this aircraft with "six turning and four burning" had a 10,000 mile unrefueled range and could carry a MASSIVE BOMB LOAD. As a San Diego kid for many years, this huge aircraft was a personal favorite, although I never actually flew one or flew on one. We will talk about its fascinating characteristics and history.</p>	<p>Nieuport 28: America's First Fighter of WW I Wednesday, February 26, 1:00 – 2:30 pm ONLINE click here for link</p> <p>Presenter/Facilitator: Jim Evans Although built by the French, the Nieuport 28 was the first fighter plane flown by Americans in World War I. We will tell the story of this historic aircraft and describe an aircraft on exhibit at the Airbase Arizona, Commemorative Air Force at Falcon Field, in Mesa, AZ.</p>
<p>B-29s NOT Named "Enola Gay" Tuesday, March 18, 1:00 – 2:30 pm ONLINE click here for link</p> <p>Presenter/Facilitator: Jim Evans Over 4,000 B-29s were built during World War II, only one of them was "Enola Gay." We will survey the histories of some of the other B-29s during the Greatest War in World History.</p> 	<p>Pearl Harbor and Aftermath Salvage Thursday, March 27 and Friday, March 28, 10:15-11:45 am ONLINE click here for link</p> <p>Presenter/Facilitator: Bill Haskell This two part class is based on the Great Courses series titled World War II: The Pacific Theater. The class will open with a brief examination of the attack on December 7, 1941. The remainder of the class will explore the resulting clean-up and salvage operations to return the Pacific Fleet to active duty. The class will consist of a video lecture, related photos and videos and commentary DISCLAIMER: CONTENTS CONTAIN DISTURBING IMAGES AND COMMENTARY.</p>
<p>Adapting to a Warmer World Tuesday, April 15, 1:00 – 2:30 pm ONLINE click here for link</p> <p>Presenter/Facilitator: Daniel Richardson Rising global temperature affects us all. Even moderate physical adaptation to heat exposure will lessen your chance of being harmed by this particular climate action. After reviewing previous lectures of temperature regulation, this presentation will describe the biological mechanisms of heat adaptation followed by procedures that you can use to bring about such adaptation yourself. Note: This lecture was originally scheduled for spring of 2024, but was canceled.</p>	<p>Operation Galvanic: 11/ 20 - 24, 1943 Wednesday, April 16 and Thursday, April 17, 3:00 - 4:30 pm ONLINE click here for link</p> <p>Presenter/Facilitator: Bill Haskell This two part class utilizes the Great Courses series on World War II, Pacific Theater. It consists of multi-media material. After Guadalcanal was captured, the next major battle was titled Operation Galvanic. Its objective was the capture of Tarawa and Makin Atols. The battle of Tarawa was extremely costly to the marines with over 9,900 casualties in two + days of extremely heavy fighting. DISCLAIMER; CONTAINS DISTURBING VIDEO AND COMMENTARTY.</p>

14th Century Bubonic Plague and Decameron

Thursdays, March 6, 20, 27, April 3 (no class on March 13). 1:30 to 3:00 pm
Red Mountain Campus PV 207

Presenter: Richard Falconer

In depth look at the 14th century European Bubonic Plague. Emphasis will be on the impact on ordinary family life (and death). In addition some time will spent on how the Plague related to 14th Western European History. The book, *Decameron*, which is a compilation of 100 stories told by 10 young people who tried to isolate themselves from the ravages of Florence. This book is considered the first piece of great literature of the Renaissance.

Energy and Civilization - What's the Connection?

Monday, February 10th 1:30-3:30 pm
Red Mountain Campus PV 205

Presenter: William Zipperer

A review of the rise of civilizations and the importance that adequate energy played in facilitating the progress of society. Emphasis will be placed on the interconnectedness and complexity of modern society as it relates to energy usage. The pros & cons of the "Green New Deal" and "Net Zero by 2050" [aka "the energy transition"] will be addressed.

Dig Deeper - Civil War Tales

Monday, March 24, 1:30 - 3:00 pm
Red Mountain Campus PV 207

Presenter/Facilitator: Ron Meeks

Ron Meeks has been an American Civil War student for approximately 65 years! He has visited more than 50 Civil War Battlefields, read approximately 200 non-fiction books on the subject, researched the history of numerous historical places and people from that era and taken every opportunity to expand his Civil War knowledge and experiences. He became genuinely interested in studying the war when his family moved two doors down the street from the home of the famous abolitionist John Brown. The property that Ron's house was located on was also part of the Brown property prior to the Civil War. Across the street was another museum honoring another famous individual named Simon Perkins from the pre-Civil War era. Ron was given free access to both museums, so he spent many hours in and around those museums. Ron will share his history and invites the audience to join in the discussions.

Great Decisions

Wednesdays, 4 sessions starting February 5, 12, 19 & 26. 1:30 - 3:00pm
Red Mountain Campus DW 131

Presenter/Facilitator: William Zipperer

At each class we will watch a 30 minute DVD presentation by a professor from the Foreign Policy Association on a current event topic, followed by a group discussion. Supplemental readings prior to each class will be sent by email but are optional. No quizzes! Topics all relate to the US and include American Foreign policy, World Economy, US-China Relations, and India.



THE HUMAN LIBRARY

Saturday, April 26, 2025

9:00 am - 12 noon

The Human Library, a free community event to promote connection and understanding, will be hosted by Mesa Community College Red Mountain. Hear moving stories from courageous human "books" about being marginalized, stigmatized and dismissed; have the opportunity to ask thoughtful questions and engage in heart-opening dialogue. More information will be available at: <https://newfrontiers.mesacc.edu/>

JOURNALING OUR MEMORIES

You're Family to Me: Intergenerational Storytelling Workshop

Mondays and Wednesdays March 17, 19, 24, 26, 31 April 2,7, 9. 1:00-2:30 pm

OFFSITE Mesa Arts Center Acting Studio I 2nd Floor, South Studios Building I

Come join a cohort of storytellers for a series of workshops that explores the notion of family and everything they mean to us. The series *You're Family to Me* invites you to come as an individual, pair, or trio of people who belong to your 'family' - which could mean people you're related to, your chosen family, work family, or any other kind of close familial connection you share.

The series will guide participants through some storytelling circles, sometimes fully open to any story and sometimes following themes like home, food, ritual, and coming-of-age moments. Participants will tell and listen to many stories, help support each other in developing and honing the craft of storytelling and build a bond of community. The series will culminate in a free, casual performance of these stories with an invited audience.

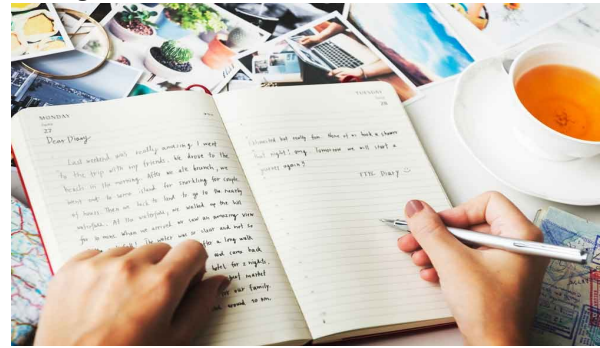
No 'storytelling' experience needed. Bring yourself as you are.

Reflections on Love in Our Lives:

Monday, April 7, 1:00 - 2:30 pm
Dobson Campus BP 3S

Presenter: Duane Roen

Because love comes in many forms and people experience those forms in diverse ways. Scholars who write about love have identified at least eight forms: philia (affectionate love), pragma (enduring love), storge (unconditional familial love), eros (romantic love), ludus (playful love), mania (obsessive love), philautia (self-love), agape (selfless love for others). The word philosophy literally means love of knowledge or wisdom, which explains why one kind of graduate degree is called doctor of philosophy. In this workshop, we will discuss some forms of love that each of us has experienced. Then we will write and share our writing.



My Travel Adventures

Monday, February 10, 1:00 - 2:30 pm
Dobson Campus BP 3S

Presenter: Duane Roen

People travel for many reasons: to expand their horizons, to have new experiences, to learn, to conduct business, to visit family and friends, to reach a destination. Some people visit new places in person; some visit them virtually. Some consider travel a necessity; others see it as a luxury. Some see travel as something to be endured so that they can enjoy the destination. Some people travel to the same locations every year; some routinely seek new locations to visit. Some people travel only on highways; others travel the skies and the seas. Some even travel where there are no paths. Some travel with family and friends; some prefer to travel alone. In this workshop, we will consider the ways and reasons that we travel.


The Envelope, Please: An Awards Ceremony for Family and Friends


Monday, March 3, 1:00 - 2:30 pm
Dobson Campus BP 3S

Presenter/Facilitator: Duane Roen

The first Academy Awards ceremony occurred in 1929, the Emmys in 1949 and the Grammys in 1959. But it's time for one more: The Family and Friends Awards for our family members and circle of friends. Of course, there are many possible categories, and each category can, if you wish, have two divisions: one for family members and one for friends. Feel free to add a division for co-workers if that seems warranted. Fleshing out your reasoning for selecting each honoree is likely to bring up memories and stories that will bring rich and colorful details into your family history writing. Once you have compiled the list of winners, you can decide whether to keep it to yourself or share it with each winner privately. Use your wisdom to make that decision.

JUST FOR THE FUN OF LEARNING

<p>Master Gardening Winter Gardens Thursday, February 27 , 10:00 - 11:30 am Red Mountain Campus DW 131 Presenter: Alice Garcia Facilitator: Jacki McDugle</p> <p>Take care of our Winter garden and landscapes with advise from Master Gardener Alice Garcia. She will share her knowledge, and perhaps some seeds, to help us keep our landscapes healthy and colorful.</p>	<p>Mesa Dobson Main Campus Art Walk Friday, April 18, 9:00 – 11:00 am Dobson Campus Lobby in front of Dobson Library Presenter: Allan Zisner</p> <p>Walk the Dobson Main campus and view more than 30 permanent public art exhibits created by MCC students and faculty as well as celebrated artists. These are outdoor exhibits. The cumulative walking distance is approximately 3/4 miles with ample places to rest. Spring comes early in the valley so we will have a chance to witness the flora.</p>
<p>Musicals Fridays, March 21, 28, April 4, 1:00 - 3:30 pm Dobson Campus BP 1S Facilitator: Margo Heaps</p> <p>Join us to see old favorites. March 21 <i>Pal Joey</i> March 28 <i>The Producers</i> April 4 <i>Kiss Me Kate</i></p>	<p>Red Skelton TV show sketches Monday, April 21, 1:00 - 3:00 pm Dobson Campus BP 1S Facilitator: Margo Heaps</p> <p>Go back memory lane and laugh as we travel to years gone by. <i>Desert Island</i> with Buster Crabb <i>Deadeye and the Alamo</i> Cesar Romero <i>Freddie's Romance</i> Rhonda Fleming</p>
<p>Making and Playing Simple Percussion Instruments Monday, February 24, 1:00 - 2:30 pm Dobson Campus BP 3S Presenters: Duane and Maureen Roen</p> <p>Budding percussionists of all ages (3- 93) will learn how to make and play simple percussion instruments from wood and items found around the home. At the beginning of the workshop, Duane and Maureen Roen will show some percussion instruments that they have built (rain sticks, cajons, kalimbas, guiros, thunder drums, and dozens more), and they will explain their building techniques as well as cultural origins of some of the instruments. Everyone is welcome to try out the instruments. Following that, Duane and Maureen will help class participants make simple instruments using everyday objects. The workshop will end with a brief concert performed by all the budding percussionists! Duane and Maureen will provide materials for making simple percussion instruments—e.g., blocks of hardwood and small, hard plastic bottles. If participants can bring some small, hard plastic bottles with lids (e.g., vitamin containers), that would be helpful (but not required).</p>	<p>Monday Movies Mondays, February 3, 10, 24, March 3, 17 (no class February 17 and March 10). 1:00 - 3:30 pm (A.I. will go to 4:00) Dobson Campus BP 1S Facilitator: Margo Heaps</p> <p>Bring your own popcorn and enjoy a movie each Monday,afternoon! Feb. 3 <i>Fever Pitch</i> Can being a fan get out of hand? Comedy February 10 <i>A.I.</i> Artificial Intelligence Spielberg's take on A.I. SciFi February 24 <i>Megan Leavey</i> A true story of a marine and best friend. March 3 <i>Silverado</i> A fun and high-spirited western March 17 <i>Flight Plan</i> An intense drama</p> 

<p>Planetarium Visit MCC - Tour the Universe with Pink Floyd Thursday, March 27, 10:00 - 11:15 am Dobson Campus Plantetarium</p> <p>Facilitator: Jacki McDugle</p> <p>Tour the Universe with Pink Floyd - This immersive show sets the Universe in motion with the music of Pink Floyd's iconic album "Dark Side of the Moon." See amazing features of the night sky and visit the edge of the visible Universe in style. This music video was developed by students and faculty at Mesa Community College. Appropriate for all ages. If you wish to bring a guest, please contact the NFLL office.</p>	<p>Basics of Buddhism (by a beginner) Thursday, February 20 , 10:00-11:30 am Dobson Campus BP 3S</p> <p>Presenter: Marilyn Klingler We will be discussing the Three Treasures, The Four Noble Truths, and the Eight Limbs of Buddhism and how they relate to the western culture and our own personal experiences. Presentation and discussion.</p> 
<p>Tortillas, Queso and Pan Dulce! Lecture Tuesday, March 04, 1:00 – 2:30 pm ONLINE click for link</p> <p>Presenter: Kyle Messner You've heard of chips and salsa—now it's time to explore tortillas and cheese! In this class, you'll learn how tortillas are made, delve into the rich world of Mexican cheeses and discover various types of pan dulce (sweet bread). This course can be taken on its own or paired with the Tortillas, Queso & Pan Dulce Field Trip on April 1 where you'll see tortillas being made, taste a variety of cheeses, and enjoy a delicious lunch. Knowledge of Spanish is not necessary.</p>	<p>Tortillas, Queso, and Pan Dulce Field Trip Tuesday, March 25, 10:30 -12:00 am Participants provide their own transportation OFFSITE El Rancho IGA, 1076 North Arizona Avenue, Chandler, AZ, 85225</p> <p>Presenter: Kyle Messner See tortillas made from start to finish and sample Mexican cheeses at El Rancho IGA in downtown Chandler. After a brief tour, we will order lunch cafeteria style and enjoy ourselves. Each person is expected to pay for their own lunch, normally between \$5-\$15. You will be able to shop for specialty groceries or take food to go. You will get more out of the visit if you take the Zoom class Introduction to the World of Tortillas, Queso, and Pan Dulce beforehand, but it is not required. We will meet at the store.</p>
<p>Zuill Bailey Concert Experience Wednesday, January 29, 2025, 10:00 am - 12 noon</p> <p>OFFSITE -Mesa Arts Center, Contemporary Arts Museum, Dobson Classroom</p> <p>Presenter: Zuill Bailey Renowned cellist Zuill Bailey will guide us through classical music and the concert etiquette. Join the Mesa Arts Center Creative Aging team in learning more about "Classical Music Inside Out". NFLL enrollment limited to 15.</p> <p>JANUARY CLASS, REGISTER EARLY</p>	<p>Games, Games, Games Tuesdays, February 4 to May 6,(no class March 11). 9:20 - 11:15 am</p> <p>OFFSITE Resurrection Church, 3201 S. Evergreen Rd. Tempe, AZ.</p> <p>Facilitators: Jacki McDugle, Joanne Hancock Join us to socialize and play a variety of games. We have all your favorites: Mexican Train, Word Games, Five Crowns, Sequence, Quiddler, Rummikub, Skip Bo and more. Our friendly and social group would like to have YOU join us! Join us for an optional separate- check-lunch afterwards at local restaurants.</p>

Lions and Tigers and Bees- Oh My!

Wednesday, March 19, 1:30 - 3:00 pm
Red Mountain Campus PV-207

Presenter/Facilitator: Mike Scarbrough

Learn about Honeybees and their impact on nature and life as we know it. Hobby beekeeper Mike Scarbrough has been keeping bees for nearly a decade now and while he has learned a lot there is always something new to discover. Come find out the ins and outs of keeping bees as a hobby and learn some interesting things along the way.



Knit-Wits

Fridays, February 7, 21, 28, March 7, 21, 28, April 4, 11, 18, 25, May 2 (no class March 14). 10 - 11:30 am
Red Mountain Campus DW 226

Presenter/Facilitator: Jacki McDugle

Knit Wits is for people who knit, crochet, or enjoy any hand work who are looking for a place to work on projects and share with others. Doing handwork has benefits ranging from calming the mind and finding some tranquility to a fulfilling sense of accomplishment! We welcome all who want to work on projects, get a little bit of help from others (there will be a facilitator but not an instructor), want to make time to work on charity blanket, hats, etc. The group will help you get started if you are a beginner. Come join us for some time to work and camaraderie! We will meet weekly, but you don't have to come every week.

KEEPING ACTIVE

Trailblazers

Fridays

OFFSITE (Contact information for the facilitator will be provided to registered members.)

Facilitator: Ron Schueman

Trailblazers participate in more challenging hikes that are usually between 4.5 and 6.5 miles in length and up to 1,000 feet of elevation gain. Most Trailblazers hikes on other days. Check with the facilitator for times and locations. Consolidated Risk Form must be on file.

Bicycle Rides

Thursday, January 16 & 30, February 13 & 27, March 13 & 27, April 10 & 24, May 8 & 22, 10 sessions, 7:00-10:00 am, start times to vary.

OFFSITE (Contact information for the facilitator will be provided to registered members.)

Facilitator: Allan Zisner

Ride the various canal and green belt systems in the east valley. Majority of the rides are along paved multi-use paths. A few are along packed gravel routes. Ride distances will not exceed 15 miles. The outbound and return bound rides are along the same route. You are expected to transport your own bicycle, but there are other riders to assist with the unloading/loading. The rides are every other week. Bring a friend. Risk form required if not already submitted.

Trailers Hiking Group

Tuesday mornings, February 4 through April 29

OFFSITE (Contact information for the facilitator will be provided to registered members.)

Facilitators: Greg Master and Marie-France Ganansia

Trailers hikes are intended to be easy, with occasional moderate sections for short distances. Hikes will usually be between 2.5 and 4 miles long, with elevation changes of less than 400 feet. The objective is a fun recreational hike enjoyable to most hikers in reasonable condition.

Age of Wonder Dance Movement

CLASS CANCELLED



GEOLOGY

Plate Tectonics

Monday, March 3, 10:00-11:30 am

ONLINE

<https://us02web.zoom.us/j/82177121704> Meeting
ID: 821 7712 1704

Presenter: Randi Martinsen

Plate Tectonics controls the landscape of the Earth. The Earth's crust is divided into plates, and these plates are constantly moving. Plates consist of continental crust and oceanic crust. Continental crust is less dense than oceanic crust. In places, continental plates are being split apart, (Red Sea & Africa) and in others they are crashing together (Indian Plate and Eurasia). Pulling apart of plates creates oceans, crashing together of plates creates mountains. In some places new oceanic crust is being created, and in some places, it is being destroyed as it sinks below continental plates.

Plate Tectonics and the Origin of Life

Wednesday, March 5, 10:00-11:30 am

ONLINE

<https://us02web.zoom.us/j/82177121704> Meeting
ID: 821 7712 1704

Presenter: Randi Martinsen

Plate tectonics is responsible for the topography of the Earth. It makes mountains and ocean basins. Erosion of mountains brings nutrients into the oceans. The presence of nutrients helped develop cellular life and evolve cellular life into varieties of multicellular life that developed into various ocean life forms. Changing conditions in the Earth promoted further evolution and evolution eventually onto land, and further evolution to intelligent life was required to adapt to changing conditions on land.

TALKING TECH

Basic Photos and Files

Friday, April 25, 1:00 - 2:30 pm

Dobson Campus Room TBA

Presenter/Facilitator: Allan Zisner

Learn the basics of manipulating a photo on a personal computer or in Google Photos. Bring your laptop if you do not want to use the classroom computers. The campus has an open Wi-Fi network. I encourage those who attended during the summer session to attend as a refresher. The classroom has Microsoft PCs, and if you are a registered MCC/NFLL student, you should be able to logon. More information will be provided as we get closer to the presentation.

Talking Tech: AI Playground

Friday, February 28, 1:30 - 3:00 pm

Red Mountain Campus DW 133

Presenter/Facilitator: Suzanne Brown

A repeat course back by popular demand! What's all the uproar about Artificial Intelligence? Come to this interactive lab, and we will play with some of the popular Artificial Intelligence programs. We welcome those with experience to come and help the novices. This course will use MCC computers. Attendees MUST have their MEIDs and passwords current. You may bring your personal laptops to the course.

Social Media Apps - A brief introduction

CANCELLED

Smart Phone Photography

CANCELLED

<p>Internet Security for Seniors Thursday, March 27, 1:00 - 2:30 pm ONLINE https://go.nailaz.org/Zoom2025 815 4945 0373 103707 Presenter/Facilitator: Rob Truman</p> <p>Staying safe when ONLINE is getting more difficult these days. This presentation will address the topics of ONLINE scams, viruses, junk email, telemarketers, and more so that you can learn how to protect yourself and your privacy and still use the Internet. Along with addressing various password concepts and software for password management there will be a discussion of recent AI threats.</p>	<p>Travel in the Digital World Thursday, April 17, 10:00 - 11:30 am Red Mountain Campus DW 131 Presenter/Facilitator: Suzanne Brown</p> <p>Traveling today requires using multiple digital technologies on our computers and smartphones. The world of travel has changed immensely in the past few years, and now airports, airlines, hotels, and attractions all rely on using digital programs for efficient, paperless service. Knowing how to use the digital programs to keep track of tickets, maps, reservations, receipts, and your traveling companions will make your traveling more enjoyable. This class will discuss digital tools in traveling and help participants become familiar with the more common applications. Veteran travelers are welcome to come and share their travel tricks and hacks.</p>
YOU MIGHT LIKE TO DO ONE OF THESE	
<p>Phoenix Art Museum Pay-What-You-Wish-Wednesdays 3:00 – 8:00 pm Also, free admission 5-8 pm on First Fridays Show your MCC Student ID and get in free anytime!</p> <p>1625 North Central Ave., Phoenix, AZ 85004 Website: www.phxart.org GO ON YOUR OWN</p>	<p>Scootin Boots Line Dancing Mondays February 3 - May 5, 10 am - noon OFFSITE -515 N Stapley Dr #103, Mesa, AZ 85203</p> <p>GO ON YOUR OWN Have a fun hour of Line Dancing. Cost is \$10 per session. Lessons provided. Good for beginners or experienced dancers. No facilitator, just show up!</p>
<p>Desert Botanical Gardens 1201 N Galvin Parkway, Phoenix, AZ 85008</p> <p>Community Day Second Tuesday each month, free admission 8:00 am -9:00 pm GO ON YOUR OWN Website: www.dbg.org</p>	<p>Mesa Museum of Contemporary Art One East Main, Mesa Free Admission GO ON YOUR OWN</p> <p>Website: https://www.mesaartscenter.com/index.php/museum/visit</p>
<p>Out-to-Lunch Concert Series Location: Outdoor on Shadow Walk at Mesa Arts Center, 1 East Main, Mesa</p> <p>Thursdays. February 20 -March 27. 11:30 am Free Bring your own chair! See schedule by clicking here GO ON YOUR OWN</p>	<p>Other things to do:</p> <ul style="list-style-type: none"> • Salt River Brass concerts • Orpheus Male Choir concerts • MCC Concerts and Plays • Mesa Arts Center Performances

DOBSON CAMPUS COURSES

Topic	Title	Room	Dates
All about NFLL	Benefits of Belonging to NFLL	BP 3S	Monday, January 27, 1:30 – 3:00 pm
All about NFLL	Zoom Classes, An Introduction	BP 1S	Wednesday, January 29, 1:00 - 2:30 pm
Armchair Traveling	The Great Ocean Road Australia	BP 1S	Monday, April 7, 1:30 - 3:00 pm
Before the Talk	Forgetfulness? Or Something Else?	BP-4	Thursday, March 27, 1:30 -3:00 pm
Before the Talk	Elder Abuse and Prevention	BP -4	Tuesday, February 4, 2:00 - 3:30 pm
Before the Talk	My Scam Story and Others "What to Watch For"	BP 3S	Tuesday, March 4, 2:00 - 3:00 pm
Before the Talk	Probate and Being an Executor/Personal Representative	BP 3S	Thursday, April 3, 9:00 - 10:30 am
business	What's New for Small Business Retirement Plans?	BP 3S	Tuesday, April 1, 2:00 - 3:30 pm
Good For Us	Steps to a Healthy Back	BP 1S	Friday, April 11, 1:00 - 3:00 pm
Good For Us	Steps to a Better Heart	BP 1S	Friday, February 21, 1:00 - 3:00 pm
History and Politics	The History Channel Transcontinental Railroad	BP 1S	Wednesday, March 26, 1:30 - 3:00 pm
History and Politics	Who Invented That?! - Jay Mark	BP 4	Thursday, February 20, 2:00 - 3:30 pm
History and Politics	Aotearoa, Kingdom of the Kiwis -Jay Mark	BP 4	Thursday, March 20, 2:00 - 3:30 pm
History and Politics	Open to Debate	BP 4	Thursday, February 6, March 6, April 10, 24, 1:30 - 3:30 pm
History and Politics	What It Means to Be an Immigrant and Live in America	BP-4	Thursday, February 13; 2:00 - 3:30 pm
History and Politics	Arizona Town Hall Discussion on Voting and Elections	BP 8	Tuesday, April 8, 1:00- 2:30 pm
History and Politics	Town Hall with Mesa Councilwoman Alicia Goforth	BP 4	Tuesday, February 11, 2:00-3:30 pm
History and Politics	What's New for Individual Retirement Plans (IRAs)?	BP 3S	Tuesday, February 18, 2:00-3:30 pm
Journaling	Reflections on Love in Our Lives:	BP 3S	Monday, April 7, 1:00 - 2:30 pm
Journaling	My Travel Adventures	BP 3S	Monday, February 10, 1:00-2:30 pm
Journaling	The Envelope, Please: An Awards Ceremony for Family and Friends	BP 3S	Monday, March 3, 1:00-2:30 pm
Just For Fun	Mesa Dobson Main Campus Art Walk		Friday, April 18, 9:00–11:00 am Meet at Lobby of Dobson Library
Just For Fun	Musicals	BP 1S	Fridays, March 21, 28, April 1, 1:00-3:30 pm
Just For Fun	Red Skelton TV show sketches	BP 1S	Monday, April 21, 1:00-3:00 pm
Just For Fun	Making and Playing Simple Percussion Instruments	BP 3S	Monday, February 24, 1:00-2:30 pm
Just For Fun	Monday, Movies	BP 1S	Mondays, February 3- March 10 (no class February 17) 1:00 - 3:30 pm
Just For Fun	Planetarium Visit MCC - Tour the Universe with Pink Floyd	Planetarium	Thursday, March 27, 10:00-11:15 am
Just For Fun	Basics of Buddhism (by a beginner)	BP 3S	Thursday, February 20, 10:00-11:30 am
Tech	Basic Photos and Files		Friday, April 25, 1:00 - 2:30 pm

Red Mountain Campus Classes

Topic	Title	Room	Dates
All about NFLL	Benefits of Belonging to NFLL	DW 131	Thursday, January 30, 2:00 - 3:30 pm
Armchair traveling	The Superstition Mountains and the Legend of the Lost Dutchman	PV 207	Wednesday, April 1:30 - 3:00 pm
Armchair traveling	Oregon Trail Travel Revisited - 2022	DW 131	Friday, April 18, 1:30 - 3:30 pm

Armchair traveling	World Heritage Sites - IN PERSON	DW 131	Wednesdays, February 5, 12, 19, 26, March 5, 19. (No class March 12). 3:00 - 4:30 pm
Before the Talk	Ethical Dilemmas at End of Life: Case-Based	PV 207	Tuesday, February 25, 1:30 - 3:00 pm
Before the Talk	Introduction to Estate Planning	DW 131	Tuesday, April 1 – 9:00 - 10:30 am.
Business	Strategies to Maximize Your Retirement Income	DW 131	Thursday, March 6, 10:00 - 11:30 am
Good For Us	Infinite Possibilities	DW 131	Tuesdays, February 4, 11, and 18, 10:00 - 11:30 am
History and Politics	14th Century Bubonic Plague and Decameron	PV 207	March 6, 20, 27, April 3 (no class on March 13). 1:30 to 3:00 pm
History and Politics	Energy and Civilization - What's the Connection?	PV 205	Monday, February 10, 1:30-3:30 pm
History and Politics	Town Hall with Mesa Councilwoman Alicia Goforth	DW 131	Tuesday, March 18, April 15, 2:00 - 3:30 pm
History and Politics	Great Decisions	DW 131	Wednesdays, February 5, 12, 19 & 26, 1:30-3:00 pm
History and Politics	Dig Deeper - Civil War Tales	PV 207	Monday, March 24, 1:30 - 3:00 pm
Just For Fun	Lions and Tigers and Bees- Oh My!	PV-207	Wednesday, March 19, 1:30 - 3:00 pm
Just For Fun	Knit-Wits	DW 226	Fridays, February 7, 14, 21, 28, March 7, 21, 28, April 4, 11, 18, 25, May 2 (no class March 14). 10 - 11:30 am
Just For Fun	Master Gardening Winter Gardens	DW 131	Thursday, February 27, 10:00-11:30 am
Tech	Travel in the Digital World	DW 131	Thursday, April 17, 10:00 - 11:30 am
Tech	Talking Tech: AI Playground	DW 133	Friday, February 28, 1:30 - 3:00 pm

ONLINE CLASSES

Topic	Title	Dates
All about NFL	Zoom Classes, An Introduction Online	Tuesday, January 28, 1:00-2:30 pm
Armchair traveling	World Heritage Sites, ONLINE	Mondays, February 3, 10, 17, 24, March 3, 17, (No class Mar 10). 3:30 - 5:00 pm
Armchair traveling	History of India - ONLINE	Mondays, March 24, 31, April 7, 14, 21 28. 3:30 - 5:00 pm
Armchair traveling	China: The Butterfly Lovers	Tuesday, March 4, 1:30 -3:00 pm
Armchair traveling	My Trip to Israel in 2016	Wednesday, February 12, 1:30 -3:00 pm
Business	Navigating Taxation in Retirement	Tuesday, February 25, 11:00 am – 12:30 pm
Business	Harnessing the Power of Roth	Tuesday, February 4, 11:00 am – 12:30 pm
Business	Tax-Efficient Retirement Planning	Wednesday, March 12, 11:00 am – 12:30 pm
Business	Preparing for Retirement: Essential Strategies for a Smooth Transition	Tuesday, April 29, 11:00 am – 12:30 pm
Business	Navigating Safe Investments in Today's Market	Wednesday, April 9, 11:00 am – 12:30 pm
Business	Taxes & Retirement	Monday, February 10, 9:00 -10:30 am
Business	Social Security News and Updates	Friday, March 28, 1:00-2:30 pm
Discussion	Monday Morning Conversations via WebEx	Mondays January 13 weekly until May 5, 8:30 - 10:00 am
Good For Us	Autism - What is it Like Living with Autism	Monday, April 7, 10:15-11:45 am
History and Politics	Role of Religious Diversity for Environmental Justice	Thursday, February 27, 1:00 -2:30 pm
History and Politics	Buddhism: The No-Religion Religion	Monday, February 3, 10:15 – 11:45 am
History and Politics	B-58 "Hustler" Bomber: The only Mach 2 Nuclear Bomber	Tuesday, February 4, 1:00 – 2:30 pm
History and Politics	Convair B-36 "Peacemaker": Gargantuan Bomber.	Wednesday, February 12, 1:00 – 2:30 pm
History and Politics	Nieuport 28: "America's First Fighter of WW I"	Wednesday, February 26, 1:00 – 2:30 pm
History and Politics	B-29s NOT Named "Enola Gay"	Tuesday, March 18, 1:00 – 2:30 pm

History and Politics	Pearl Harbor and Aftermath Salvage	Thursday, March 27 and Friday, March 28, 10:15-11:45 am
History and Politics	Adapting to a Warmer World	Tuesday, April 15, 1:00 – 2:30 pm
History and Politics	Operation Galvanic: Nov 20 - 24, 1943	Wednesday, April 16 and Thursday, April 17, 3:00 - 4:30 pm
Just For Fun	Tortillas, Queso and Pan Dulce!	Tuesday, March 4, 1:00 – 2:30 pm
Science	Plate Tectonics	Monday, March 3, 10:00-11:30 am
Science	Plate Tectonics and the Origin of Life	Wednesday, March 5, 10:00-11:30 am
Tech	Internet Security for Seniors	Thursday, March 27, 1:00 - 2:30 pm

Classes at Offsite Location

Topic	Title	Offsite Location	Dates
Book Clubs	Bookshelf	Aster Center Downtown Mesa	Wednesday, February 12, 26, March 12, 26, April 9, 30. 10:00 - 11:15 am
Book Clubs	Mystery and Mayhem Book Discussion	Aster Center Downtown Mesa	Wednesdays, February 5, 19, March 5, 19, April 2, 16, 10:00-11:15 a.m.
Book Clubs	First Friday, Book Club	Red Mountain Aster Senior Center	First Fridays: January 3, February 7, March 7, April 4, & May 2, 5 sessions, 10:00 - 11:15 am
Journaling Memories	You're Family to Me: Intergenerational Storytelling Workshop	Acting Studio I 2nd Floor, South Studios Building I 1 E Main Street Mesa, AZ 85201	Mondays and Wednesdays, March 17, 19, 24, 26, 31, April 2, 7, 9. 1:00 – 2:30 pm
Just For Fun	Tortillas, Queso, and Pan Dulce Field Trip	El Rancho IGA, 1076 North Arizona Avenue, Chandler, AZ, 85225	Tuesday, March 25. 1 session, 10:30 am – noon.
Just For Fun	Zuill Bailey Concert Experience	Dobson Classroom, Mesa Museum of Contemporary Arts, 1 East Main, Mesa	Wednesday, January 29, 10:00 am - 12 noon
Just For Fun	Games, Games, Games	Resurrection Church, 3201 S. Evergreen Rd. Tempe, AZ.	Tuesdays, February 4 to May 6, no class March 11, 9:20 - 11:15 am
Keeping Active	Bicycle Rides	Meeting locations vary at the discretion of the presenter.	Thursday, January 16 & 30, February 13 & 27, March 13 & 27, April 10 & 24, May 8 & 22, 10 sessions, 7-10 am, start times to vary.
Keeping Active	Trailers Hiking Group	Meeting locations vary at the discretion of the presenter.	Tuesday mornings, February 4 through April 29
Keeping Active	Trailblazers	Meeting locations vary at the discretion of the presenter.	Fridays

OPEN HOUSE SPRING 2025

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Come look at our wide variety
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Friday, January 17, 2025
1:00 - 3:00 pm Room M-200
MCC Red Mountain Campus
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Mesa, AZ 85207



Contact us: 480-461-7497



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**MESA
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1833 W Southern Ave Mesa AZ
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Online Classes

Online class links are provided
in your class confirmation
email. We use both **Zoom** and
Webex sites.

Offsite Locations

Offsite location addresses are in the
confirmation email and in the
schedule.

**New Frontiers Office
Red Mountain Campus
Desert Willow Bldg Room 136-B
7110 E McKellips Rd, Mesa AZ
85207
(480) 461-7497**

NEW FRONTIERS FOR LIFELONG LEARNING

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To Update Name, Address, Phone, or Email Address in the NFLL database:

- Go to <http://NewFrontiers.mesacc.edu>
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