



# MESA COMMUNITY COLLEGE



# New Frontiers for Lifelong Learning Annual Report 2023-2024

# **President's Message**

I'm thrilled to share with you another year of remarkable achievements for New Frontiers for Lifelong Learning!

### A Thriving Community

Thanks to your continued support, our membership has grown to an impressive 231. We offered a rich variety of classes, hosted successful Open Houses, a festive Holiday Party, and a variety of engaging social activities, which fostered a vibrant sense of community. We also actively participated in numerous MCC events, solidifying our commitment to giving back.

### A Strong Leadership Team

I'm particularly grateful for the contributions of our dedicated Council. Mary Boehlen (Membership Chair) and Suzanne Brown (Curriculum Chair) have served in their positions for a number of years and we are successful because of their contributions. We welcomed five new members this year – Bill Lentz (Vice President), Pat King (Secretary), and Jan Lorette, Lois Schaffer, and Carolyn Follett (Members-at-Large). Their innovative ideas, active participation, and willingness to listen to your suggestions have been invaluable. We will sadly miss Bill's service as Vice President but he remains committed to NFLL classes and volunteering, and we are delighted to welcome Jacki McDugle as our new Vice President for 2024-2025.

#### **Building Partnerships**

We welcomed a new MCC partner, Dr. Sherrie Licon, Manager of Early Outreach and Community Connections. Although she was only with MCC for 6 months, she provided us with additional resources. We continue to appreciate all that Kathleen Perales, Associate Dean of Career and Community Connections, Neva Hansen, program coordinator, and Samantha Rudi-Trujillo, administrative assistant, do for us. While Samantha will be leaving her role, she will still be at MCC. Her contributions to NFLL are deeply appreciated.

#### Looking Forward

As we move forward, we aim to increase our membership by 3%. We remain committed to providing a rich variety of classes, social activities, physical movement opportunities, and volunteer programs. Supporting MCC students will also continue to be a major focus through our volunteer efforts.

Your involvement, in whatever way you choose, is the lifeblood of New Frontiers. Together, we are creating a remarkable organization that fosters lifelong learning and a vibrant sense of community. Thank you for being a part of it!



Cindy Schrantz President, New Frontiers for Lifelong Learning

### Prepared by Suzanne Brown, Curriculum Chair

The NFLL Curriculum Committee successfully implemented three terms of courses and activities during the year, as well as implemented changes to several procedures. The committee is responsible for the development of classes, production of both print and online schedules, overseeing presentation of courses, registration, notifications to members of classes and changes, and maintaining statistics on class and activity attendance.

This year's accomplishments include:

- Successfully offered a mix of on-line, in person, and on-line classes during all terms.
- Attendance consistently showed increases in all modes of presentations.
- Continued the partnerships for online courses and curriculum planning with New Adventures in Learning (Chandler-Gilbert CC) and RISE (Rio Salado College).
- Developed a web-based form to collect Volunteer Hours and Activities.
- Assisted in Fall and Spring Open Houses and four outside recruitment events.

Term	Summer 2023	Fall 2023	Spring 2024	Totals
Classes Held	37	84	83	204
No. of Sessions	50	212	264	221
Cancelled		11	6	17
On-line Classes	10	25	30	442
In-Person Classes	27	59	53	884
Overall Attendance	720	2308	2732	1768
Avg Attendance per session	12	11	10	11
Weeks	9	12	12	30 weeks





Classes include indoor lectures/discussions and outdoor hiking, biking or walking groups!

# Membership

### Prepared by Mary Boehlen, Membership Chair

The Membership Committee wears many hats, we:

- Recruit new members (we had booths at both Healthy Living Expos at the Aster Centers, had a table at the Holiday Boutique & Car Show at MCC Red Mountain; and had a table at the Augusta Ranch community's Oktoberfest event);
- Assist in helping people become new members regardless of when they register;
- Hold two Open Houses (in the Fall and Spring);
- Welcome new members at the New Member Coffee;
- Drop off information at Senior Centers and groups;
- Handle the database which includes sending emails to all members and mailing Class Schedules to members in the Fall and Spring.
- Contact people who have expressed interest in New Frontiers to personally invite them to our Open Houses.

We are slowly increasing our Membership and by the end of June 2024 we had a total of 231 members or a 3% increase from June 2023.



Open Houses are always well attended!



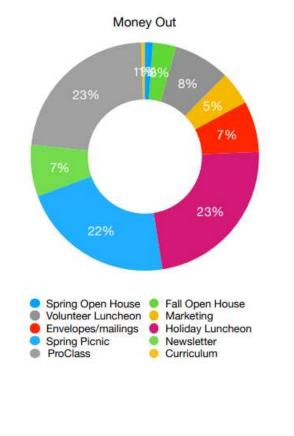
Mesa Mayor Giles stopped by the NFLL table where volunteers were spreading the word about NFLL the Healthy Living Expo at Aster Center. July 2023-June 2024

# NFLL Financial Summary for FY 2024

Money In		
Membership Fees	\$10,395	
Holiday Luncheon Fees	\$1,425	
Spring Picnic Fees	\$625	
Total income	\$12,445	

Money Out	
Spring Open House	\$123
Fall Open House	\$361
Volunteer Luncheon	\$874
Marketing	\$515
Envelopes/mailings	\$792
Holiday Luncheon	\$2,534
Spring Picnic	\$2,385
Newsletter	\$800
ProClass	\$2,499
Curriculum	\$56
Total expenses	\$10,938

Money Left Over		
Income minus expenses	\$1,507	



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# Social Committee

### Holiday Party: 78 attended

**Spring Picnic:** 36 attended

### Out to Brunch/Lunch/Dinner:

10 restaurant outings Attendance varied from 18 to 25 people.

### Field Trip Outings:

7 field trips Attendance varied from 7 to 30 people. The visit to the Phoenix Herpetological outing was fascinating. (picture at right)

### Study Hall:

9 study hall outings Attendance varied from 7 to 21 people.



### Volunteers

Prepared by Mary Adamick and Dan Taylor, Co-Chairs

The lifeblood of our organization is based on volunteers that give of their time, energy, and skills. Over this last year there were over sixty members who recorded their volunteer hours in all facets of the organization.

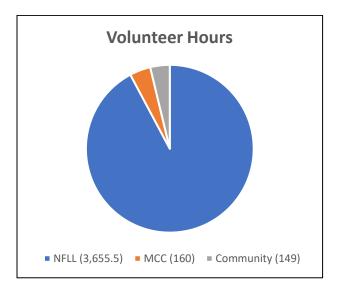
Last year Mary Adamick sent out over twenty opportunities to get involved. Below is a sampling of the key events that members volunteered:

- **EMPTY BOWLS** -This is a fund raiser for Paz de Cristo Outreach Center that helps people struggling with hunger, poverty, and homelessness in the East Valley.
- MESA MARKET Provides students with free food, clothing, and hygiene products.
- WE CARE WEDNESDAYS A food distribution open to all students, staff, and community members in need of food assistance, held the 1st Wednesday at Dobson campus and the 3rd Wednesday at Red Mountain campus during each semester.

- **BOOKS OFF THE SHELF** An event that highlights stories from people who have been marginalized, stereotyped, or misunderstood. This event creates new understandings and greater harmony in our community.
- MCC THEATRE AND PERFORMING ARTS CENTER ON CAMPUS Ushering during their first-class concerts and performances and getting to enjoy the event.

New Frontiers members volunteered in a number of other ways to showcase our programs which included: Halloween candy donations for Red Mountain; MCC's CTE Bag Building and distribution; \$390 was donated to United Food Bank from our Holiday Event raffle.

We highlighted the year with New Frontiers Volunteer Recognition luncheon held on April 26, 2024, with EVIT students serving forty volunteers. Several special guests were introduced including Chad Wilson, EVIT Superintendent, Neva Hansen, and Sammy Trujillo. A Certificate of Appreciation to the College of Technology Services for their assistance. Cindy Schrantz, President, thanked all the Council members and various committees. Jacki McDugle and Pat King shared their story of their long-term friendship and how their involvement in New Frontiers is keeping them busy.



The best things in life are free, like volunteers.

Handing out food at We Care Wednesdays.

During 2023-2024, members reported supporting NFLL, MCC and the community with a total of 3,964 hours. Those hours have a value of \$127,141.52.



# NFLL Council 2023-2024

President, Cindy Schrantz Vice President, Bill Lentz Secretary, Pat King Treasurer, Fred Searing Curriculum Chair, Suzanne Brown, co-chair Jacki McDugle Membership Chair, Suzanne Brown, co-chair Jacki McDugle Membership Chair, Nary Boehlen Technology Chair, Allan Zisner Volunteer Co-Chairs: Dan Taylor, Mary Adamick Members at Large: Jan Dorsett, Lois Schaffer, Carolyn Follett Current Past President, Roland Tanner

Sunshine Lady, Diana Pearce

Annual Report editor: Cindy Schrantz Photographs: Suzanne Brown, Marie-France Ganansia, Joanne Handlong, Cindy Schrantz, Bill Lentz

### **Our Mission**

New Frontiers is an organization dedicated to adults wishing to continue their discovery of knowledge, advance their learning and enhance physical wellness.

We are a Mesa Community College non-credit, community education program designed by and for our active senior community.

With over 230 active participants, NFLL members serve as MCC ambassadors to our growing community of active adult learners; providing peer-led classes (in person and online), social events, volunteer opportunities, and physical activities like hiking, biking, and walking groups.

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