

NFLL Communications Report

November 2024

- We continue to submit posts for MCC's intranet site.
 - November – NFLL working at Empty Bowls (done)
 - December – holiday party
 - January – Open House invite
- Dan Taylor is going to see if we can give a presentation to the retiree group in Las Sendas. There was a recent article in their paper which highlighted NFLL.
- Will be contacting the TBird Times (MCC's newspaper) to talk about an article in their paper (this will happen when students are back at school in the fall).
- We have been invited to make a presentation about NFLL to the Mesa Regal Technology User group (55+ folks who are interested in technology). The date is February 11, 1:30 pm.
- The Aster Center's Healthy Living Expos are Friday 3/21 at Red Mountain Multi-Gen Center, and Friday 3/28 at Aster downtown Mesa. We will have a table at both. Volunteer sign-ups will be going out in February.
- We were contacted by Grouper (it's like Silver Sneakers but instead of a focus on physical wellness, it focuses on social wellness). After we meet with MCC, Cindy will provide more information.

Friendship Village (FV) – there has been no follow-up meeting scheduled. Cindy did reach out to Cole to ask if we could meet with their activity director and so far no response.