



Important Dates

Website calendar [HERE](#).

Out-to-Lunches are the second Thursday of the month. No lunch scheduled in December.

Click [here](#) to submit Course proposals.

Dec. 4 10:00-12:00
We Care Wednesday
Dobson Campus

Dec. 5 12:00
NFLL Holiday Party
(You must have signed up ahead of time to attend.)

Dec. 9 9:30-11:00
NFLL Council Meeting
MCC Downtown and via Zoom

Dec. 25-Jan. 1
MCC Campuses Closed

Report Volunteer Hours

If you volunteered for NFLL or MCC, please record your hours. You can access the form [HERE](#)

The Holiday Season is Here

We wish all our members, their family, and friends a festive holiday season.

If you want to “Create Less Stress Through the Holidays” check out this article from Dawn Fleming, NFLL member, Life Coach and Holistic Health Practitioner (read her whole article on our website [HERE](#).)



Stellar Spring Course Schedule

The Spring schedule of courses is shaping up to be fun, informative, and entertaining! NFLL will have 8-15 spots available for these courses at the Mesa Art Center (no additional charge!):

Jan 14 - Apr 1 - Age of Wonder - Interpretive dancing: 10:30-noon
Jan 22 - Smart Phone Photography class: 10-noon
Jan 29 - Experience with Concert Cellist Zuill Bailey: 10-noon
March – a 4 week workshop on intergenerational storytelling

You’ll be able to sign up for any of these courses when the NFLL Spring Catalogue is posted online in early January.



Want a Printed Copy of the Spring Catalogue?

The Spring Catalogue will be available in early January. It will be emailed to our members but if you would like a printed copy, you can pick one up at the January Open House, stop by the NFLL Office, or send an email to <mailto:newfrontiers@mesacc.edu> to have one mailed to you.

We Have New Great Courses

Jane Gaffney recently donated a stack of Great Courses DVDs to New Frontiers! These are new and recent titles. We are excited to have these added to our library. If you are interested in seeing a list of all the DVDs in our library, click [here](#). You can find the most recent ones by downloading the spreadsheet, putting your cursor on the Release Year column and sorting it by date. You are welcome to check out any that interest you.

Hint - This would be an ideal time to learn how to facilitate a Great Courses session for NFLL, either online or in person. Susan Brown, our Curriculum Chair is willing to help you with your first one. Just email her by clicking [here](#).



Staying Active, Being Connected

A lot of NFLL members have attended our outdoor and social activities during the fall, even though we still had temps in the 100's in October.

Photos: (top, from left: hikers at Tom's Thumb Trail; hikers on Trailer's Hike at McDowell Mountain Regional Park. Bottom left, walkers at Riparian Park; Sunshine Acres Children's Home tour arranged by the Social Committee.) You can see all the activities on our Facebook site or [website](#).



Remembering Peggy Schultz

By Jennifer Wong

I first met Peggy Schultz when she and Lois Schaffer both chaired the Social Committee. Later on, Lois stepped down as Committee Chair and Peggy bravely soldiered on chairing the Social Committee for several more years, well beyond the time when other committees ushered in new chairs.

I once asked Peggy why she continued in the role of Social chair and she replied she was afraid that if she stepped down, Social would cease to exist. She was passionate about the value social events provide our members through fun excursion trips, luncheons (Out-to-Lunch) and meet-ups at restaurants or breweries (Study Hall). These events give our members an opportunity to meet other fellow members and get acquainted with new members.

When Peggy finally stepped down as Social Chair, she continued to be on the Committee and attended the monthly social events. It was with sadness that I recently heard Peggy had recently passed away. Those of us who knew Peggy will also be saddened to lose the pleasure of her company but will be glad to know that she is finally resting in peace.

Photos courtesy of: Suzanne Brown, Monica Karels, Ron Schueman, Allan Zisner

New Frontiers for Lifelong Learning
Mesa Community College
Office of Community Partnerships
7110 East McKellips Road
Mesa, AZ 85207

Phone: 480-461-7497

Website: [New Frontiers](http://NewFrontiers)

Email: newfrontiers@mesacc.edu



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