

Volume 32, Issue 4 March-April 2024

NEW FRONTIERS CALENDAR

Be sure to check our website regularly and check your email. That's where you will find additional information and/or updates on the items listed below!

OUT TO LUNCH

Typically held the 2nd Thursday of the month.

STUDY HALL

Typically held the last Tuesday of the month.

MCC SPRING BREAK

Campus Closed
Monday, March 11 - Friday, March 15

COUNCIL MEETING

[9:30 AM] Monday, March 19
Online or at the MCC Downtown Bldg.
See the calendar on the website for Zoom link.

COUNCIL MEETING

[9:30 AM] Monday, April 8
Online or at the MCC Downtown Bldg.
See the calendar on the website for Zoom link.

SPRING PICNIC

[11:00 AM] Thursday, April 11
A.J. Chandler Park
Theme: Hippy Time!
Groovy details will be sent via email and posted on the website.



ANNUAL GENERAL MEETING

[10:00 AM] Friday, May 3
MCC Library LB145
Southern & Dobson



INTRIGUING CLASSES

NFLL members begin to gather for Duane Roen's class on Getting Started with Family History Research. Duane is an ASU emeritus professor who frequently presents to NFLL.



CAPTIVATING SPEAKERS

Jay Mark enlightens us about Isla de Pascus, a tiny, inhabited island home to about 4,000 Rapa Nui people.



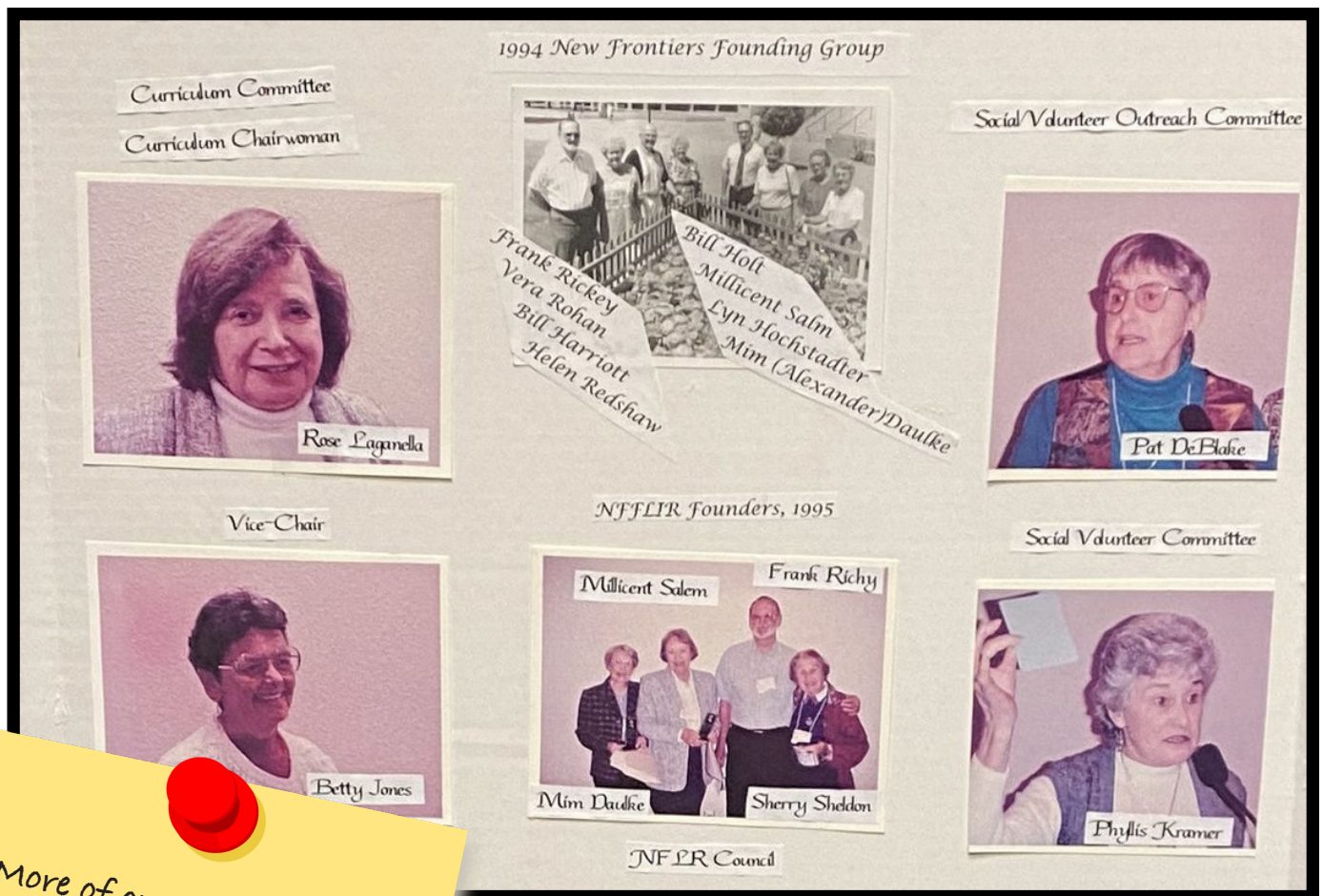
VOLUNTEER ACTIVITIES

NFLL members help put together 500+ goodie bags for MCC's CTE (Career & Technical Education) Open House. The event exposes current and prospective MCC students to MCC's programs.

CURIOSITY NEVER RETIRES

Come Join Us!

Membership is open to anyone interested in lifelong learning. While the majority of our members reside in the East Valley, we have members from all around the greater Phoenix area. Winter visitors are also welcome.



A poster board shows some of the early Council members and other New Frontiers members. The date is unknown but there were 5 poster boards found in the NFLL storage room.

Sharing Our History

- The concept for New Frontiers for Lifelong Learning at Mesa Community College (MCC) grew from meetings and discussions among college administrators and leaders in the community in the fall of 1994. They were vocal that MCC must have a strong community education focus. Those discussions led to the formation of New Frontiers for Learning in Retirement (NFLIR) which over the last 24 years has become a vital link between the college and community.
- In the Spring of 1995, the 70-member NFLIR charter group was organized with the support of the MCC Center for Community Education. A Memo of Understanding and Operating Procedures were written and accepted by MCC and the MCCC Legal Department. NFLIR held their first open house in September 1995. We began with three committees (Communications, Membership, and Volunteer/Social).
- Community members interested in programs and volunteer/social events developed by the NFLIR volunteers, enrolled as an MCC noncredit student and paid \$60 a year to become a New Frontiers member. This annual fee allowed members to take as many classes as they wanted throughout the year.
- New Frontiers' mission is to provide learning for adults who wish to continue their discovery of knowledge, advance their learning, and enhance physical wellness. As a lifelong learning organization, the NFLIR Council began having discussions in 1996 about offering scholarships to MCC students.
- In 1999, New Frontiers offered three \$400 scholarships and has continued to provide scholarships through today.

Spring Open House & New Member Coffee

Mary Boehlen, Membership Chair

We held the **Spring Open House** at Red Mountain on January 17, 2024. Fourteen people attended who were not Members. Of those fourteen, five signed up at OH to be Members and one more person signed up a few days later making a total of six new Members. There were about a dozen Facilitators/Instructors there to discuss their classes and the President of NAIL was there to talk about her group. Many thanks to all who helped make the Open House a Success.

There was a representative from the Mesa Public Library discussing all that the Library has to offer besides books.

The **New Member Coffee** was held at Red Mountain on February 2, 2024. We had a change in location to the Saguaro Building Lobby. We are thinking of holding NMC there since it was a more intimate space than the Community Room. The atmosphere gave new and long-time members had an opportunity to mingle and talk about all New Frontiers has to offer.

Thanks to everyone...especially Bob and Rose Dukelow for help making New Member Coffee a Success.



Carol Stanton & Mary Boehlen greeted people attending the Open House.



Allan Zisner & Jan Lorette get to know new NFLL members.



Rose & Bob Dukelow welcome new members with captivating stories.

Welcome New Members

Debbie Arcello	John Bishop	Randall Harabin	Renee Levin	Regina Mullen
Linda Backer	Jennifer Brewer	John Lannefeld	Delores Mindrup	Sue Russo
Catherine Bishop	Barbara Butzen	Shirley Lannefeld	Patrick Mullen	

DID YOU KNOW



This is a new feature explaining the benefits of being an NFWL member!

Technology Benefits

Roland Tanner, NFWL Past President

I believe many of you may not know all the software benefits that your MCC student membership has to offer. Let's start with **word processing**. You may recall that in years past, finding a high-quality word-processing application for your personal use was expensive, costing hundreds of dollars. In fact, Microsoft Office 365 Suite for **personal use** typically runs for **\$99 each and every year you wish to use it**. The components of the current Office 365 include Excel, Power Point, Outlook, OneNote, and of course Word for word processing.

But good news! MCC offers that software FOR FREE with your NFWL membership.

Here is the link:

https://mesacc.service-now.com/csp?id=kb_article_view&sys_kb_id=b45ec25b477eb99028fff3f8536d4343

Now let's think about **protecting your computer**. It's a sad fact of life that a hacker thousands of miles away may be looking to make some easy money (at your expense) or just enjoying destroying your hard drive or draining your bank accounts through malware or remote monitoring. Both Windows and Mac platforms and various internet browsers have some protection from hackers. However, that may not be enough. More good news! As an MCC student (through NFWL), you may download, FOR FREE, one of the best virus and malware protection software called **Sophos**. (The retail purchase price of this software is \$60.00.)

And here is the link to the drill down step by step guide for Sophos:

<https://docs.google.com/document/d/1RPHr7G5fUbhxo0IHc4Ea5jw0Mqdu1ovTYB5mB9sPuhw/edit#heading=h.dyultgioe0om>

Next let's discuss **email**. As MCC students (through NFLL) we are also given a FREE MCC student email account. That email account may be used to prove we ARE actually students to obtain lower prices on educational material, especially lower prices for students. Our MCC email account is given to everyone when we register with MCC as students and pay our \$80 yearly membership fee for NFLL. A portion of the fee goes to MCC to remunerate them for providing services to us, such as classroom use, library privileges, student plays, athletic events, etc.

To access that student email account, you have a username which looks something like this: (first three letters of your first name, followed by your meid #). Here is an example: MAR3614472@maricopa.edu. (this is fake and will not work...so do not try to email this fake account).

And there's more! With your real MCC email account you get the full suite of **Google applications** along with the storage space of your cloud drive. There does not appear to be a set limit for the data (but I have not tested that yet). Some people use their MCC email account only for sending out mailings and interacting with NFLL users. For NFLL users that use the MCC email account we can be more assured of security amongst ourselves.

And even more! As MCC students we also have access to the suite of application software that students purchase to use for doing their **homework**.

That may be found here: https://maricopacc.onthehub.com/WebStore/ProductsByMajorVersionList.aspx?cmi_cs=1&cmi_mnuMain=f189368a-f0a6-e811-8109-000d3af41938

Some NFLL members have told me that they would continue to be NFLL members, even if they no longer decided to engage in the classroom or social events, just for the benefit of all these free or lower priced computer applications. I applaud them for their business acumen, but most certainly be sad for them discontinuing all the other social benefits that NFLL offers.



Peggy Randolph, our class registration system (ProClass) guru.

Your Graphic Design Skills Are Needed!

Suzanne Brown, Curriculum Chair

Curriculum Committee is looking for a volunteer to assist with publishing the Fall, Spring, and Summer Schedules. Prior experience with a desktop publishing program is helpful, but not required. Most of the work takes place in August for the Fall schedule, December for the Spring, and May for the Summer. We'd love to have you and your ideas as part of our team!

Current Curriculum Committee members are welcomed to apply also!

If interested, contact either Suzanne Brown, Curriculum Chair at Suzannebrownpt@gmail.com or Jacki McDugle, Co-Chair at mcdugle@gmail.com.

SUMMER PROPOSALS

Summer Course Proposals Wanted Deadline April 15

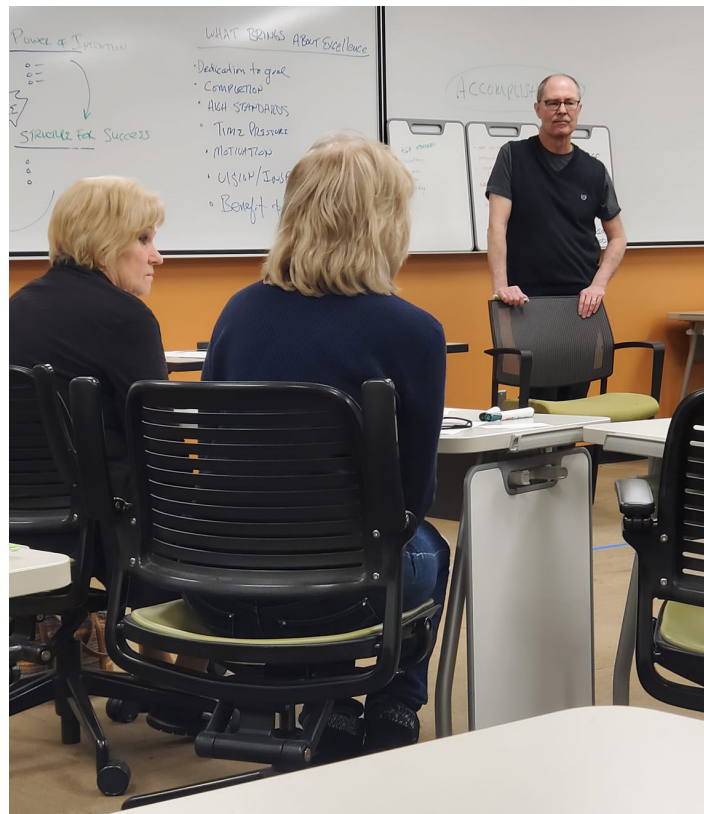
Suzanne Brown, Curriculum Chair

The Summer Session of classes will run June 3 – July 26 2024. Classes will be offered Monday through Thursdays with holidays on June 19 and July 4. Class proposals are being solicited now. If you want to share your knowledge in-person or online, or just help facilitate a DVD course, the Curriculum Committee will appreciate your help!

Course formats may be a single class or multiple classes. Summer is a great time to do a trial run on a course idea! Want to share your latest trip pictures? NFLL members love seeing the adventures others have been on. If you missed a class and want a repeat series, let us know.

This summer we will once again welcome non-members to online classes as a recruitment enticement, so if you are out of state, please share our links and join yourself to keep in touch with your NFLL friends.

Submit your proposal or ideas on our Google Form found at: <https://forms.gle/u7o4xPrx7j7MLs2FA>



Dale Hamm gave great advice on "Living a Life of Excellence."

FALL PROPOSALS

Fall Course Proposals Open

Suzanne Brown, Curriculum Chair

The Fall Course Proposal site is up and accepting your classes for Fall 2024 at <https://forms.gle/twC96SNBd3FGWVN7>

The Fall Term will begin September 9, 2024 and classes end on December 6, 2024. Course formats may be a single class or multiple classes. Would you like to start a special interest group to meet with others? NFLL with MCC can help find a spot to meet, provide communication support, and monitor participation.

Want to share your latest trip pictures, discuss issues, review a favorite book? NFLL members would love hearing about any of these. Not comfortable with the technology? We can help with that too!

We also need facilitators both in-person and online to help introduce speakers, monitor attendance and be the 'face' of NFLL during the class, training is provided. If any of these things interest you, join the Curriculum Committee by contacting Suzanne Brown, Chair at Suzannebrownpt@gmail.com or Jacki McDugle, Co-Chair at mcdugle@gmail.com.



Dr. Steven Meyer, director of Bands at NAU, and President of Sale River Brass gave an outstanding presentation on the History of Film.



245 South Nina Drive
Mesa, AZ 85210

Phone: 480.926.4897
unitedfoodbank.org

Attn: Cindy Schrantz
New Frontiers for Lifelong Learning
1833 West Southern Avenue
Mesa, AZ 85202

Cindy,

While the words "thank you" may not be enough to convey our gratitude for your generous donation of \$386.00 on 12/29/2023, please know that we are humbled and thankful for your help in our ongoing mission to feed Arizona's hungry. Your financial support helps us be a stronghold for those dealing with hunger throughout the East Valley and Eastern Arizona.

Without your donation, we would not be able to successfully support the more than 150 community partners in our service area. For every dollar donated, 94 cents goes directly to provide food and services to the 1 in 7 children, 1 in 10 people, and 1 in 14 seniors who struggle with food insecurity in Arizona.

From children in underserved schools, to seniors needing access to nutritious food, to low-income families that simply need a helping hand, your thoughtful contribution is making an impact on our community and the people who need help the most.

If I can provide more information about our work, host you for a tour, or answer any other questions you may have, please do not hesitate to contact me directly.

Thank you again for your support! Together, **#WEFEEDAZ!**

Sincerely,

Grace Astor
Director of Philanthropy
Direct 602-481-0010

Hello,

My name is Adam Soto and I manage the Mesa Market and We Care Wednesday events at Red Mountain. I apologize for the tardiness, but I wanted to reach out and thank you and the other members of New Frontiers Lifelong Learning for the generous donation made to the Mesa Market at Red Mountain!

The donation to the market as well as volunteer time at We Care Wednesday events are greatly appreciated!!

Please let me know how I can support you in return and if there is anything I can provide to you regarding information about the Mesa Market and/or We Care Wednesday.

Thank you.

Adam Soto
Mesa Community College
MARICOPA COMMUNITY COLLEGES
Program Analyst | Mesa Market

NEW FRONTIERS FOR LIFELONG LEARNING

New Frontiers for Lifelong Learning is a Mesa Community College non-credit, community education program designed by and for our active senior community. With over 225 active participants, NFLL members serve as MCC ambassadors to our growing community of active adult learners; providing peer-led classes (in person and online), social events, volunteer opportunities, and physical activities like hiking, biking, and walking groups. Learn more about NFLL at newfrontiers.mesacc.edu or calling 480-461-7497.

Mesa Community College is located in Mesa, Arizona and serves the communities of the East Valley of metropolitan Phoenix. We are a peer-led, self-governed organization with interests in volunteer opportunities, travel, hiking, and healthy lifestyles.

Discovering new, lifelong friendships is an added bonus.

New Frontiers for Lifelong Learning
Mesa Community College
7110 East McKellips Road
Mesa, AZ 85207

Phone: 480-461-7497
Fax: 480-461-6329
email: neva.hansen@mesacc.edu



NEW FRONTIERS TRAILBLAZERS MARCO DE NIZA TRAIL AT SOUTH MOUNTAIN

Our hiking and walking groups explore a number of trails
(from easy to challenging) every year.

NEW FRONTIERS GOVERNING BODY

President – Cindy Schrantz
Vice President – Bill Lents
Secretary – Pat King
Treasurer – Fred Searing
Members at Large – Jan Lorette, Lois Schaffer, Carolyn Follette
Past President – Roland Tanner
Curriculum – Suzanne Brown
Membership – Mary Boehlen
Volunteers – Mary Adamick
Technology – Allan Zisner
Scholarship – Mary Boehlen, Shirley Epp
Photos – Bob Dukelow, Mary Kay Owen, Suzanne Brown, Ron Schueman, Cindy Schrantz
Newsletter Editor – Cindy Schrantz

MCC Program Coordinators – Neva Hansen, Sammy Rudi-Trujillo
MCC Career & Community Connections – Kathleen Perales, Associate Dean
MCC Early Outreach & Community Connections – Dr. Sherrie Licon, Manager

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