

# NEW FRONTIERS NEWS

Volume 26, Issue 5 Summer 2018

## NEW FRONTIER SUMMER CLASSES

You may be wondering what's available from New Frontiers during the **hot summer months**. Well not to worry – your hard-at-work Curriculum Committee did not let you down.

✓ *NF Classes are offered beginning June 4 and ending August 15;*

✓ *You have a choice of 17 classes including favorites the Bookshelf and Games, Games & more Games;*

✓ *Locations are MCC Dobson & Red Mountain, Mesa Active Adult Center, Leisure World and Orchard Active Adult Center;*

✓ *Members can view the complete class descriptions, date, time & location at: <https://newfrontiers.mesacc.edu/Classes.html>*

✓ *To register, please call the facilitator listed with the class.*

Watch for the **NF Fall Class Schedule in early September**. And don't forget to enroll and pay your membership dues for the 2018-19 NF year of fun classes and activities. You can enroll after July 1, online or in person, at MCC Dobson or Red Mountain Campuses.



(L-R) Mary Kay Owen, Marlin & Beverly Fried, Dr. Nora Reyes, Dr. Gary Kleemann

## NEW FRONTIERS SPRING ALL MEMBERS MEETING

**The New Frontiers Annual Spring Membership Meeting** was held at Mesa Community College - Red Mountain Campus, Friday, March 23, 2018.

President Dan Taylor introduced **Dr. Nora Reyes, Vice Provost** of the Mesa Community College - Red Mountain and she welcomed NF members to the Campus.

Dan introduced **Arizona State Senator Bob Worsley**. Senator Worsley talked about **Mesa, Today and Tomorrow**. He spoke to the coming advancements in technology which some day may allow a person to walk out of their door, hop in a "driverless pod", and be taken where they need to go either by land or air. Just imagine!

**MCC Liaison to New Frontiers, Pat Esparza**, talked about the history of New Frontiers and the growth over the past 23 years. She noted that Charter Member, **Millicent Salm**, was in attendance, as was first MCC Liaison, **Nancy Olson**, now a NF Member.

New Frontiers' Committee Chairs gave short reports and delicious refreshments were served.



L-R: Barbara Thelander, Nancy Olson, Dan Taylor, Millicent Salm



Senator Bob Worsley

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## NEWS FROM THE NEW FRONTIERS COUNCIL

In June and July, President Dan Taylor invited Council members to work in **three ad hoc committees** to brainstorm ideas for positive change. The groups are Marketing/Image, Leadership/Volunteer and Innovative Class Directions. Each group has an assigned leader and recommendations will be discussed at the August Council meeting.

### NF Council Members are:

- President – Dan Taylor
- Vice President – Roland Tanner
- Secretary – Diane Grogan
- Treasurer – Gregory Master
- Members at Large – Mary Boehlen, Dan Scarpone, Anne Stehr, and Sandra Whitley
- Past President – Marlin Fried
- Curriculum – Jennifer Wong
- Social – Peggy Schultz
- Membership – Barbara Dixon & Barbara Thelander
- Communications – Peggy Randolph & Arlys Medicott
- Volunteer – Skip Carney
- MCC Liaison – Patricia Esparza

**The Community Partnership office for Pat Esparza and Neva Hansen** at Red Mountain will move to 136B in Desert Willow Building. The room is currently being remodeled. It has a conference table, and limited area for supplies, and should be open June 15.

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## MCC HUMAN LIBRARY PROJECT

**Five New Frontiers members; Bobby Gray, Sue Williams, Margot Tanner, and Bob and Rose Dukelow; participated as “Books”** in the MCC Dobson Human Library Program on April 10. They told their story to students, staff, faculty, and community members. All reports are that it was a very successful program. The Red Mountain campus is planning a similar program this August 26 and Dobson will repeat the program next spring.

## Curiosity Never Retires



## 2018 NEW FRONTIERS VOLUNTEERS

Mary Adamick	Con Downey	Ruth Huttner	Patty O'Brien	Carol Stanton
Sue Ahrenkiel	Bob Dukelow	Phyllis Johnson	Jane Osborn	Ann Stehr
Kim Baker	Rose Dukelow	Steve Johnson	Janice Overdorff	Peggy Strauss
Diane Batchlor	Linda Ems	Helen Jones	MaryKay Owen	Roland Tanner
Bob Becker	Edward Eng	Jacque Judge	Leona Paetscho	Ruth Tanner
John Bergstrom	Gary Epp	Sharen Kellogg	Eileen Parker	Margot Tanner
Ann Bloxam	Shirley Epp	Vina Kleeman	Diana Pearce	Pat Tanski
Mary Boehlen	Richard Falconer	Gary Kleemann	David Ramis	Kay Tassainer
Sue Boldin	Carolyn Follett	Kaya Kotzen	Peggy Randolph	Dan Taylor
Eileen Brause	Jill Freedman	Kathy Krecek	Ann Redwine	Barbara Thelander
Ruth Brooks	Marlin Fried	Charley Kreiling	Frank Rickey	Ewin Trapp
Larry Brown	Jane Gaffney	William Lents	Richard Riley	Pat Trapp
Suzanne Brown	Marie-France Ganansia	Lucia Leo	Sissy Riley	Virginia Van Horn
Jean Bruno	Genevieve Garan	Mary Lindberg	Con Rutherford	Judy Wakefield
Ron Burda	Gail Graham	Isabelle Main	Kathee Rutherford	Cindy Walker
Dovie Bryant	Bobbie Gray	Greg Master	Marilynn Rydlund	Karen Wartick
Barb Camalleri	Denise Griffin	Mary Masyga	Millicent Salm	Lorraine Washburn
Peggy Carney	Diane Grogan	Bev McKee	Dan Scarpone	Sandy Whitley
Skip Carney	Mary Hagerty	Arlys Medlicott	Lois Schaffer	Susan Williams
Koni Christopher	Marianne Haggerty	Larry Merrill	Pat Schindler	Marjorie Wingfield
Linda Clarke	Monica Hale	June Mikkila	Ann Schubert	Jennifer Wong
Caroline Cline	Margo Heaps	Archie Millhollon	Peggy Schulz	Sam Wong
Sharron Crawford	Judy Henderson	Shiela Millhollon	Jane Severin	Marcie Wooton
Carlene Dennison	Anita Herl-Peterson	Kathy Mitchell	Debbie Skelton	Steve Wylie
Rea Dias	Getchen Hirni	Larry Morrow	Judith Slentz	Allan Zisner
Barbara Dixon	Jeff Hirschl	Aleen Nilsen	Nancy Spence	
Helen Dodds	Bonnie Hochuli	Don Nilsen	MaryAnn Spishock	

## 2017-18 NEW FRONTIERS VOLUNTEERS LUNCHEON

The **volunteers celebrated at the East Valley Institute of Technology** in Mesa on April 26. **NF President, Dan Taylor**, welcomed members and introduced **Sally Downey, EVIT Superintendent**. Sally shared information about EVIT where currently 5000 students attend, spend half of their day at their high school for academics and the other half of their day at EVIT for career training. Sally said 98% of those students graduate and 67% go on to college.

**Pat Esparza, MCC Liaison** also offered greetings.

Four New Frontiers Members shared their stories concerning their path to NF and what NF means to them:

- **Dan Scarpone, Member-at-large**

*New Frontiers fills my need for information. I now can indulge myself in learning about things I often wondered about, I find the classes very interesting. I have met many nice people in New Frontiers. In fact NF has become a part of my social life. It's always exciting to see what new classes are available and see what I can learn. Am looking forward for the Fall lineup.*

- **Mary Boehlen, Member-at-large**

*I moved down here two years ago from Chicago knowing only my brother. I spent my time shopping, visiting with my brother and going to the library. Then I read about MCC and went over to sign up for a class at the senior rate, but was unable to get a class. They took me up upstairs to the NF office and I signed up immediately. I started with the Tuesday Coffee and Conversation group and it was so exciting to talk with people for two hours each week. NF fulfills two desires, meeting people and learning through the classes. In addition, I want to help the group grow.*

- **Sandra Whitley, Member-at-large**

*I joined New Frontiers days after I retired in September 2014 because I had friends who told me how much they enjoyed the classes and outings. I signed up for way too many classes that first semester, but I went to all of them and enjoyed all of them. After a year or so I started thinking it was my turn to give back to NF and so I put a class together and started leading hikes, and I am still doing that today. I found that presenting a class is a really scary thing the first time around, but there are positives too. I learn a lot more about an already-favorite subject, and I have overcome my fear of AV equipment! I enjoy being around NF fellow-volunteers, and have made some wonderful friends in the group. It is all good, and I am glad that Mesa Community College and New Frontiers work together to provide such an opportunity!*

- **Jennifer Wong, Curriculum Chair**

*What does New Frontiers mean to my husband, Sam, and to me? It's our home away from home. It's the reason why, now that we are both retired, we stay in the Valley year-round. Having found NF about three years ago, and thinking about all the places where we could possibly move to in order to be close to our family, we feel we cannot find another lifelong learning community such as NF where we can take as many classes as we want for \$80 a year. That's a good deal to us.*

*Why did Sam and I get involved in Curriculum? About two years ago, we heard the Curriculum Committee needed help and we decided to answer the call. It was the least we could do to give something back to NF for giving us the opportunity to attend so many classes and gain new knowledge and information.*

A delicious lunch was prepared and served by **EVIT students**.

The New Frontiers Volunteers tend to be healthier, more engaged and have a larger number of friends.

**\*\* Volunteers Rule!**

*\*\*Volunteering offers a tremendous boost to healthy aging. An article in the [American Medical Association News](#) even urged doctors to "prescribe" volunteer service for their patients.*

# FUN TIMES WITH NEW FRONTIERS

<https://newfrontiers.mesacc.edu/SocialEvents.html>

## Curiosity Never Retires



Arizona Museum of Natural History



Arizona Science Center - Pompeii Exhibit



Arizona State Capitol Tour



Annual Spring Picnic - April 12, 2018

## NEW FRONTIERS ANNUAL SPRING PICNIC

The **Spring Picnic** was held at the **Desert Breeze Park** in Chandler on April 12. Social Chair, Peggy Schultz, ordered a lunch of fried chicken, Italian sausage with peppers, potato salad, baked beans, watermelon and dessert. Members had a good time with the games and visits with friends.



## A MESSAGE FROM NF PRESIDENT DAN TAYLOR

**New Frontiers represents an innovative lifelong learning concept that is self-sustaining.** Of the 450 New Frontier members over 100 are volunteers who contribute their time, energy, expertise with a caring spirit to produce classes, special events, hikes, newsletters and much more. Over 25% of the population today is over 55 years and this figure grows daily. NF is in a unique position to ensure that are our programs remain relevant to this growing group of active adults. This year the Council has decided not to take the summer off and to look at our present and future directions, i.e., innovative classes, marketing and volunteer development. Their dedication will give us the steps to move forward in a positive and healthy way.

How can you help? Every member can be an ambassador and tell others. Research has shown that making new acquaintances and friends helps us feel better, increases brain activity and reduces stress. Our new year starts in July; lets make it a record year for members, expanded classes and showing the community a great way to age successfully.

***"We don't stop playing because we grow old. We grow old because we stop playing."***  
**-George Bernard Shaw**

## NEW FRONTIERS FALL 2018 DATES TO REMEMBER

Please mark your calendars now, but check the NF Calendar at the bottom of the page <http://newfrontiers.mesacc.edu> for additional information.

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|--|----------------------------------|
| • <b>OUT TO LUNCH BUNCH</b><br>Check <a href="https://newfrontiers.mesacc.edu/SocialEvents.html">https://newfrontiers.mesacc.edu/SocialEvents.html</a>                       | <b>2nd Friday of the month</b>   |
| • <b>ENROLL AND PAY 2018-19 MEMBERSHIP DUES</b>  | <b>Begins Sunday, Jul 1</b>      |
| • <b>MCC CLOSED FOR INDEPENDENCE DAY</b>   | <b>Wednesday, Jul 4</b>          |
| • <b>MCC CREDIT CLASSES BEGIN</b><br>Campuses are busy and parking is a "hunt"   | <b>Saturday, Aug 18</b>          |
| • <b>MCC CLOSED FOR LABOR DAY</b>  | <b>Monday, Sept 3</b>            |
| • <b>NF OPEN HOUSE</b>   | <b>Friday, Sept 21</b>           |
| • <b>NF CLASS REGISTRATION OPENS</b><br>Please check the online schedule at <a href="http://newfrontiers.mesacc.edu">http://newfrontiers.mesacc.edu</a> and click on Classes | <b>Tuesday, Sept 25</b>          |
| • <b>NF CLASSES BEGIN</b>  | <b>Wednesday, Sept 26</b>        |
| • <b>NF NEW MEMBER COFFEE</b>  | <b>Friday, Oct 5</b>             |
| • <b>ALL MEMBERS MEETING</b>   | <b>Friday, Nov 2</b>             |
| • <b>MCC CLOSED FOR VETERANS DAY</b>   | <b>Monday, Nov 12</b>            |
| • <b>MCC CLOSED FOR THANKSGIVING BREAK</b>   | <b>Thurs-Sun, Nov 22-25</b>      |
| • <b>NF CLASSES END</b>  | <b>Thursday, Dec 9</b>           |
| • <b>NF HOLIDAY PARTY</b>  | <b>Thursday, Dec 13</b>          |
| • <b>MCC FALL SEMESTER ENDS</b>  | <b>Friday, Dec 14</b>            |
| • <b>MCC MID-YEAR RECESS – CAMPUSES CLOSED</b>   | <b>Tues-Tues, Dec 25 - Jan 1</b> |

## COUNCIL & COMMITTEE MEETINGS

Please consider attending one or more of the Council and Committee meetings so that you can see how New Frontiers works. Check the NF Calendar at <https://newfrontiers.mesacc.edu/Mem-Calendar.html> and call the chair to confirm the meeting location. Committees meet:

**Social** – first Monday of the month

**Communications** – third Monday of the month

**Membership** – first Friday of the month

**Council** – second Monday of the month

**Curriculum** – second Thursday of the month

## NEW FRONTIERS FOR LIFELONG LEARNING

New Frontiers is an organization dedicated to adults wishing to continue their discovery of knowledge and advance their learning. Founded in 1995, New Frontiers for Lifelong Learning was created through the sponsorship of Mesa Community College.

The community college is located in Mesa, Arizona and serves the communities of the East Valley of metropolitan Phoenix. We are a peer-led, self-governed organization with interests in volunteer opportunities, travel, hiking, and healthy lifestyles.

Discovering new, lifelong friendships is an added bonus.



### Curiosity Never Retires

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Vice President – Roland Tanner  
Secretary – Diane Grogan  
Treasurer – Greg Master  
Members at Large – Mary Boehlen, Dan Scarpone, Anne Stehr, and Sandy Whitley  
Past President – Marlin Fried  
Curriculum – Jennifer Wong  
Social – Peggy Schulz  
Membership – Barbara Dixon & Barbara Thelander  
Communications – Peggy Randolph & Arlys Medicott  
Volunteer – Skip Carney

Assistant Provost – Dr. Nora Reyes, MCC – Red Mountain  
Coordinator Partnership Programs – Patricia Esparza, MCC – Red Mountain  
Office Coordinator II – Neva Hansen, MCC – Red Mountain

*Remember, New Frontiers is peer led and NF volunteers, people like you and me, make this organization work!*

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#### NEW FRONTIERS NEWS

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