

NEW FRONTIERS NEWS

Volume 27, Issue 1 September-October 2018

NEW FRONTIERS OPEN HOUSE

WHEN:

Friday, September 21 – 1PM-3PM

WHERE:

**Mesa Community College
Southern & Dobson Campus – Navajo Room**
(35S – Kirk Student Center)*
1833 West Southern Avenue, Mesa
* <https://www.mesacc.edu/maps/southern-dobson-campus/>

*Parking is available in the East Parking Lot.
For assistance from the parking lot, call Public Safety
at 480 461-7046 and request a golf cart ride to the
Navajo Room, Kirk Student Center.*

WHY ATTEND?

- Renew your membership (please bring your photo ID).
- Check out new and interesting Fall 2018 classes and meet the instructors.
- Discover volunteer opportunities at MCC and in the community.
- Invite a friend to join you and introduce them to New Frontiers.
- Meet old friends over coffee and cookies.

**** New Frontiers supports the Mesa Market, a Food Pantry for students of Mesa Community College.** Students can receive up to ten items per week of non-perishable food, and five hygiene items with no questions asked and with Student ID required. **NF will have a collection table at Open House for members who would like to donate. Please go to the website below for recommended items.**

****** <https://www.mesacc.edu/student-life/services-campus-resources#pantry>

For additional information, please email neva.hansen@mesacc.edu



Dan Taylor & Millicent Salm

FROM NF PRESIDENT DAN TAYLOR

New Frontiers is an organization dedicated to adults wishing to continue their discovery of knowledge, advance their learning and enhance physical wellness.

Greetings,

New Frontiers is a self-sufficient organization comprised of lifelong learners planning, facilitating and taking their own classes! **We are now 23 years old with a core group of now over 100 volunteers.** Our variety of lifelong classes and social activities are unmatched by any other East Valley organization.

This year has been a one of transition for New Frontiers with four new officers including myself. Marlin Fried, immediate past president, made the transition easy with his overall knowledge and dedication to this organization. We set new milestones this last year - over 100 classes in a semester; over 450 members; great attendance at the open houses and over 80% attendance rate at classes.

I want to especially thank those members who serve on the New Frontiers Council for their dedication. The Council is mapping out a successful path for our future growth, innovation and sustainability.

Curiosity Never Retires



January 2018 Open House Registration

RENEW YOUR MEMBERSHIP

The easiest way to renew is to stop by the office at Red Mountain (Desert Willow 136-b), and let Neva or Pat assist you. The enrollment center at Dobson and Southern is also available but uncommonly busy at this time of year. If you elect to renew online, you can find detailed directions on our website, newfrontiers.mesacc.edu. Select "Renew Your Membership" on the home page to get started. If you elect to wing it on your own, go to my.maricopa.edu and select "Student Center" from the options, then "Add a Class". CAREFULLY follow the instructions. New Frontiers' class number for Fall 2018 is **25116**. If you encountered a problem earlier enrolling online, you'll be glad to know the problem has been resolved.

You may also renew your membership at the **NF Open House, Friday, September 21**, in the Navajo Room of the Dobson/Southern campus, from 1 to 3 pm. Please join us and BRING A FRIEND.

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NEW FRONTIERS FALL 2018 CLASSES

Good News! NF members can take advantage of over **90 classes in the Fall 2018** semester. Below are just a few of the presenters and subjects to peak your interest.

Favorites include ASU Emeritus Professors **Dr. Don Nilson** talking about digital humor and **Dr. Gary Kleemann**

opening the discussion on the National Debt. Returning MCC Faculty will be **Dr. Alex Cheroske** discussing White Shark Nurseries of the Northeast Pacific, and **Dr. Brian Dille** presenting an overview of the 2018 Arizona Ballot Propositions.

If it is history you like, **Mesa historians, Jay Mark and Ron Peters**, return to talk about Mesa's disappearing architecture. **Mme Anne Conner** will talk about Paris through the eyes of artists and **Margot Tanner** will share what it was like in Germany through the 1950's. **Travelogues** to Patagonia and to Thailand and Beyond are just two of the nine presentations in that category. And to ensure you have the resources to travel, we also offer nine classes on **Financial Matters**. And don't forget **Health and Wellness** along with **Spirituality and The Brain** to make sure your future travel is wonderful.

If you choose to "hang out" in the Valley, you can join the hiking groups in **The Great Outdoors**, seven different discussion groups including **Great Decisions**, take **Piano classes**, attend a session on **Climate Change** in the Science & Math category, and make a **Fun New Wreath** found in the Around the Home section. If it is more fun you are looking for, **Games, Games and more Games** returns along with drawing and writing short stories.

New Frontiers members actively teach and/or identify great presenters in the Valley to continue to bring you, our members, **the best lifelong learning opportunities** available.

Membership and registering for classes in New Frontiers is a two-step process. First, you can go to <https://newfrontiers.mesacc.edu/EnrollmentOptionsFall2018.html> and enroll as a non-credit MCC student. Full instructions are online for your convenience, or you can wait until Open House to enroll.

Second, once you are enrolled, you may register online for the classes of your choice.

> **Class registration for early start classes begins on Wednesday, September 5, 2018.**

> **Class registration for regular start classes begins on Tuesday, September 25, 2018.**

Please go to <https://newfrontiers.mesacc.edu/Classes.html> for class registration.

MARK THE DATE

SEPTEMBER

Friday, September 21
Open House,
MCC Dobson Campus, 1-3PM

Wednesday, September 5 (early) & September 25
Class Registration Opens

Friday, September 14
Out to Lunch*
Joe's Real BBQ

OCTOBER

Friday, October 5
New Member Coffee,
MCC Dobson Campus, 9:30AM

Friday, October 12
Out to Lunch*
Flancers

NOVEMBER

Friday, November 9
Out to Lunch*
Rosita's Fine Mexican Food

Thursday, December 13
Holiday Party,* TBA

* Please go to
https://newfrontiers.mesacc.edu/out_to_lunch.html

For detail on Council and Committee meeting
to attend, please go to
<https://newfrontiers.mesacc.edu/Mem-Calendar.html>

YOUR INVOLVEMENT

As you know, New Frontiers is totally run by volunteers and more and more research validates the benefits of volunteerism. The Massachusetts General Hospital newsletter published an article, "Secrets to a Sharper Brain: Community Involvement." The research showed that participants **who were active** in local community groups **gained a mental edge** over those who were not! Those who were **active in volunteering were found to have higher scores on tests of memory, thinking, and reasoning skills!**

New Frontiers for Lifelong Learning is a unique organization, nothing else like it in the USA. For it to continue to offer all that it does in education and social events, it needs you! Your talent, your experience, cannot be put to better use. **Please join with us in donating a few hours a month** to keep New Frontiers for Lifelong Learning the vital community asset it is. Contact any Committee Chair or check the calendar for committee meeting dates and get involved! It will make you feel good!

(Membership Chair -Barbara Dixon, 2017)

<https://newfrontiers.mesacc.edu/Mem-Calendar.html>



DID YOU KNOW...

The **concept** for New Frontiers for Lifelong Learning at Mesa Community College grew from meetings and discussions among College administrators and members of the community in the **Fall of 1994** at the MCC Advisory Council for Lifelong Learning and Retired Professionals.

In the **Spring of 1995**, the 70 member New Frontiers' charter group was organized with the support of the MCC Center for Community Education. A Memo of Understanding and Operating Procedures were written and accepted by MCC and the MCCC Legal Department. <https://newfrontiers.mesacc.edu/GovDocs.html>

This past year, 133 NF members volunteered over 7,600 hours to support the curriculum, membership, social, communications, volunteers and the NF Council. In addition, **NF awarded four \$1000 student scholarships** this past year working with the College Scholarship office.

Part of the **Mission of Mesa Community College is to provide for lifelong learning.** New Frontiers members are pleased to continue their learning with the support of the College.

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AFFILIATES

New Frontiers is pleased to be affiliated with the organizations listed below. Check out their websites for additional opportunities for lifelong learning.

East Valley Adult Resources –  EAST VALLEY
ADULT RESOURCES
Centers in Downtown and East Mesa –
<http://www.evadultresources.org>

ASU Emeritus College –  Arizona State
University
<https://emerituscollege.asu.edu/emeritus-college-calendar-events>

Mesa Arts Center –  MESA ARTS CENTER
<http://www.mesaartscenter.com/creativeaging>

Mesa Public Library –  MESA PUBLIC LIBRARY
Libraries are Downtown, East Mesa, and Dobson Ranch –
<https://www.mesalibrary.org>



Volunteers at MCC Empty Bowls

CONNECT FOR SUCCESS MENTORING AT MCC

Do you have time to help a student adapt and adjust to the college experience? As you may know, New Frontiers is participating in the MCC “Connect 4 Success” mentoring program. **Mentors are paired up with students transitioning into college and wanting help with the skills needed to be successful.** Mentors are not counselors, teachers, advisors or parents. You’ll be asked to listen, encourage, be available, and offer suggestions based upon your life experiences – successes and mistakes.

There’s more information available through this link. We’ll participate as “faculty / staff” mentors:
www.mesacc.edu/C4S

If you’re interested, complete the “C4S Mentor Interest/Matching Inventory 18-19” sheet found here:
<https://goo.gl/forms/D7hv2eerAE2mC6ag1>. Both campuses will participate.

The MCC C4S Advisor will select students based upon their needs and your profile. You’ll be asked to meet on campus for 30 minutes to decide whether you’re a good match. You can agree to continue or either of you can back out. You’ll meet with the student at least 3 times each semester, but be available more often if asked. Schedules may be flexible and are determined at the beginning between you and the student. Periodic check-ins, Mentor support and match events will be part of the C4S experience. You just might be mentoring a future Nobel laureate.

MCC EMPTY BOWLS

For more than two decades, **Linda Speranza, Ceramics Faculty in MCC’s Art Department**, in collaboration with local businesses, schools and community groups, has offered **Empty Bowls** to garner support for a national movement to feed the hungry and homeless. All proceeds from MCC Empty Bowls events directly benefit those served by **Paz de Cristo Community Center**, the nonprofit providing anti-hunger and empowerment support for the East Valley’s homeless, unemployed, working poor and their families. For a number of years, New Frontiers members have volunteered to serve soup in the bowls purchased by attendees. **Please save the dates October 17 for Empty Bowls at the Southern & Dobson Campus; and October 24 for Empty Bowls at Red Mountain.** You are welcome to volunteer for one or both. Additional information will be sent via all member email.

MCC THEATER VOLUNTEERS NEEDED

The MCC Department of Theatre & Film Arts needs volunteer ushers. Please take a minute and check out the Fall schedule of live screenings and theatre available through October. Several of our New Frontiers members have “stepped up” and joined the theatre volunteering to usher and take tickets for performances. Talk to members’ Marlin Fried or Bob & Rose Dukelow or Richard & Sissy Riley about their experience joining cadre of MCC faculty and students who participate in the film and theatre.

There is an orientation and tour offered to volunteers, as well as **volunteers can stay and see the show at no charge.** Marisa Estrada, coordinator of the box office and theatre operations, will be at the Open House or you can call her at 480-461-7867 or e mail her at marisa.estrada@mesacc.edu for more information. Go to <https://www.mesacc.edu/arts/> for a look at the schedule.

MCC BIENNIAL FACULTY & STAFF ART EXHIBITION

Mesa Community College and MCC Art Gallery are pleased to present the Biennial Faculty and Staff Exhibition. When they are not instructing your classes, or helping our programs run, faculty and staff in the Art Department dedicate their spare time and energy to **many art forms including, 2D & 3D design, ceramics, drawing, graphic art and design, painting and photography.** This exhibition features a wide range of visual practices, spanning all genres and media. Come and see what MCC’s Art Department has to offer! <https://www.mesacc.edu/arts/event/2018-09/faculty-staff-exhibition>

For additional activities and events at Mesa Community College, please go to <https://www.mesacc.edu/events>



**MESA
COMMUNITY COLLEGE**
A MARICOPA COMMUNITY COLLEGE



Volunteers at MCC Theater

TO FACILITATORS

If you were unable to attend the Curriculum meeting on August 10, there are **updated support tools to assist you in facilitating classes this Fall**. #1 Facilitator basic guide, and #2 a video of using the media equipment. The new guide and video are on the website <https://newfrontiers.mesacc.edu/Class-Fac-Toolbox.html> under classes and in the Facilitator tool box.

SPOTLIGHT ON NF INCOMING CURRICULUM CO-CHAIRS

RUTH BROOKS

Ruth joined New Frontiers in 2016 when she retired as manager of the Simulation & Learning Resources Lab in the ASU College of Nursing. A close friend, Gabby Shaul, was a member and Ruth learned about the many great classes, hikes and social activities. Since joining, Ruth has volunteered as Curriculum Class Facilitator and Communications Coordinator and this year she “stepped up” as Co-Chair of the Curriculum Committee. She is a voracious reader of fiction and non-fiction. In her spare time, she is into fitness, weaving and crafts. Ruth and her husband, Larry, have four children and 13 grandchildren right here in the Valley. When asked what we would not guess about her, Ruth said “ummmm, I think that is a secret”.



NANCY OLSON

In 1995, Nancy was with MCC’s Community Education Department with the responsibility for “Lifelong Learning” which at that time was an afternoon lecture series. The series was offered each semester and was geared to interest retirees to come to campus. She also supported the “Lifelong Learning” committee which brought retirees and MCC programs and interests together. **Nationwide, there was a growing effort to form membership learning organizations** connected to colleges and universities. Nancy worked with the original group that included Millicent Salm, Frank Rickey and Dan Taylor (director of MAAC). New Frontiers was founded in 1995. Nancy and her husband subsequently moved to Fountain Hills where Nancy was the director of the new Fountain Hills Senior Center. When they moved back to Mesa after Nancy’s retirement, she found that New Frontiers was a “good fit” for her. She says now that she lives in a three-generation household, she appreciates mixing with fellow retirees.



NEW FRONTIERS FOR LIFELONG LEARNING

New Frontiers is an organization dedicated to adults wishing to continue their discovery of knowledge and advance their learning. Founded in 1995, New Frontiers for Lifelong Learning was created through the sponsorship of Mesa Community College.

The community college is located in Mesa, Arizona and serves the communities of the East Valley of metropolitan Phoenix. We are a peer-led, self-governed organization with interests in volunteer opportunities, travel, hiking, and healthy lifestyles.

Discovering new, lifelong friendships is an added bonus.



Curiosity Never Retires

- President – Dan Taylor
- Vice President – Roland Tanner
- Secretary – Diane Grogan
- Treasurer – Greg Master
- Members at Large – Mary Boehlen, Dan Scarpone, Anne Stehr, and Sandy Whitley
- Past President – Marlin Fried
- Curriculum – Ruth Brooks & Nancy Olson
- Social – Peggy Schulz
- Membership – Barbara Dixon & Barbara Thelander
- Communications – Peggy Randolph & Arlys Medicott
- Volunteer – Skip Carney

- Assistant Provost – Dr. Nora Reyes, MCC – Red Mountain
- Coordinator Partnership Programs – Patricia Esparza, MCC – Red Mountain
- Administrative Specialist – Neva Hansen, MCC – Red Mountain

Remember, New Frontiers is peer led and NF volunteers, people like you and me, make this organization work!

New Frontiers for Lifelong Learning
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NEW FRONTIERS NEWS

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A Maricopa County Community College

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