NEW FRONTIERS CALENDAR

NFLL will be holding in-person, hybrid, and online (Zoom or WebEx) classes for the Fall 2021 classes. Most classes start Sept. 27 and run through Dec. 10.

We are still waiting to hear where the in-person and hybrid classes will be held. The online class schedule will have the latest information, so check it regularly.

As we continue to navigate the current increase in COVID, we appreciate your understanding and flexibility. Our first priority is to ensure our members have safe environments in which to learn. This means our in-person class sizes may be limited so we can safely maintain our distance. If you chose an in-person class and the class is full, you will receive an email along with a Zoom or WebEx link for the class. We plan to use this hybrid approach (some people attending in person and others joining online) for as many of our classes as possible.

During the Virtual Open House on Sept. 13, we will provide you with the latest information about where classes will be held and how to register.

Cindy Schrantz, Curriculum Committee Co-Chair

MCC REGULAR CLASSES BEGIN
Saturday, August 21, 2021

NFLL CLASS SCHEDULE MAILED
To Current & Former Members
Friday, September 3, 2021

NFLL VIRTUAL OPEN HOUSE
[10AM] Monday, September 13, 2021

NFLL CLASS REGISTRATION OPENS
[9AM] Friday, September 17, 2021

NFLL CLASSES START
Monday, September 27, 2021

DEADLINE FOR SPRING PROPOSALS
Monday, November 1, 2021

NFLL ON CAMPUS CLASSES END
Friday, December 10, 2021

Summer Session in Review

The Summer 2021 Session offered members a variety of courses covering nature, travel, history and government, health and wellness, and just plain fun! All courses were offered online and with no registration, which both posed challenges and successes.

The online format succeeded in allowing local members as well as those in distant places to access courses. Members in France, California, Colorado, and Idaho signed-on as did members in Prescott, Pine, Tucson, and Flagstaff. Local members did not have to battle the high temperatures to find parking and walk to a classroom. Sending out correct links was a challenge as well as having our Zoom and WebEx platforms work seamlessly. Overall, facilitators, presenters, and members learned and conquered the problems to provide an excellent variety of programs throughout the 11-week term.

Open access to all classes rather than requiring registration with the facilitators was a success with more positive than negative comments. Members gave positive comments on the weekly emails with the course links as an easy way to access courses and a good reminder of what was coming up. Curriculum Committee members are working to smooth out software issues for next year.

The History of Beer class ventured out to sample brews in local breweries as an Independent Study, and the ability to socialize with others as well as taste new styles of beers and nibbles was appreciated by all.

The Curriculum Committee wants to thank all members, hosts, facilitators, and presenters for helping us make this summer session interesting and enjoyable. Our special thanks go to our presenters: Bex Beltran, Don Larry, Nydia Montijo, Dan Mueller, Mel Munchinsky, and Jennifer Wong. We could not have delivered this Summer Session without our great facilitators and hosts: Mary Adamick, Mary Boehlen, Ruth Brooks, Suzanne Brown, Rea Dias, Bob Dukelow, Janice Overdorff, Cindy Schrantz, and Allan Zisner. And lastly, thanks to our Curriculum Committee volunteers who work behind the scenes to make it work: Diane Batchlor, Ann Bloxam, Ruth Brooks, Pam Carter, Rea Dias, Gary Kleeman, Greg Master, Lynn Saypata, and Jennifer Wong with Co-Chairs Suzanne Brown and Cindy Schrantz!

Suzanne Brown, Curriculum Committee Chair
New Frontiers for Lifelong Learning Fall Curriculum Preview

The Fall 2021 session has something for everyone: history, travel, music, outdoor activities, health, finances, and the list goes on!

The Curriculum Committee has been working to provide courses throughout the session which begins on September 27 and ends on December 10, 2021. Courses are offered Monday through Friday both morning and afternoon. Locations include the MCC-Dobson and MCC-Red Mountain campuses, as well as online and surrounding locations. In-person activities are recommended to follow CDC recommendations for social distancing and mask wearing.

Highlights of the Fall 2021 session include a series of courses honoring veterans. The docents of the Commemorative Air Force Arizona chapter will present four talks on our air warriors from WW I and II as well as a field trip to visit the Arizona Commemorative Air Force Museum. Hospice of the Valley will give us information on how to honor our veterans both past and present, while NFLL member Bob Dukelow will entertain us with 2 sessions of Songs of War.

Staying aware of changes in financial topics, especially for seniors, Scott Sandell of the Phoenix Chapter of the Foundation for Personal Financial Education, a nationwide nonprofit speaker’s bureau dedicated to providing financial education without bias or the burden of sales, will give us the latest information on changes to Minimum Distribution Requirements for IRAs, the evolving opportunities for investments, finding unbiased financial advice, and considerations for living abroad full or part-time.

Nydia Montijo of the Foundation for Senior Living (FSL) will help us avoid fraud and abuse scams and what to consider in selecting long-term care facilities for our loved ones to avoid costly errors.

The arts and entertainment topics in the schedule include (online) Beginning and Continuing Piano with Sheila Millhollon, as well as Bette Jones’ series of classes discussing opera. The architecture of Frank Lloyd Wright will be covered in 3 talks by ASU professor Stephen Siek, while NFLL member Donald Larry, a well-known architect, will provide 6 lectures on the Legacy of Alexander Chandler, one of the architects who worked on Frank Lloyd Wright’s Arizona projects. A field trip to Taliesin West in Fountain Hills will bring our classroom knowledge to life.

For general fun and entertainment, the ever-popular Games is back as well as WHATIZAT?! Halloween time will include a showing of a film on haunted sites.

Readers have two different book groups to join with Bookshelf and Mysteries and Mayhem.

History and Current Affairs offers many programs on a variety of topics including Mikhail Gorbachev, dark money, capitalism and socialism, college costs, Arizona history, and Air Force history.

Travel courses will prod us to get out to see other countries such as Cambodia, Egypt, Stonehenge, China, and Tuscany.

This year we are offering two different discussion groups with Allan Zisner leading Monday’s online and Larry Morrow holding Tuesday’s in-person.

Living Well, Caregiving, Health and much more are included in the 54 courses with 200 individual sessions this Fall.

The Curriculum Committee encourages all to register early to get their favorite courses.

For more information contact Suzanne Brown, email Suzannebrownpt@gmail.com, phone: 480-688-1497.
Are You Interested in Taking a Class For Credit?

Maricopa Community Colleges encourages the pursuit of education as a life-long endeavor.

Students ages 65 and older who are residents of Maricopa County can take advantage of a tuition discount for credit classes at all 10 Maricopa Community Colleges campuses.

The discounted rate is 50 percent of the current County Resident tuition, and all credit classes with open seats are eligible.

The discount does not apply to clock-hour or non-credit courses, or to course fees or registration fees.

https://www.mesacc.edu/future-students

Social Committee

Do you like exploring and visiting new locations for the Out to Lunch Bunch near MCC at Dobson and also in the Red Mountain and East Mesa areas?

Do you like checking out new and different places for tours hopefully to be done once a month?

Join the Social Committee to plan and enjoy vibrant and interesting activities throughout the year!

Arlys Medlicott, chair Social Committee

NFLl Emails

Are your emails from New Frontiers MIA?

From time to time one of our members will let us know that they are not receiving general emails sent through our New Frontiers software, known as “ProClass”. ProClass records each email that is sent through the system, and in each case, our software has told us that the email was delivered successfully. So what is happening?

In most cases the member’s provider, or browser, has set in place a filter of some kind, or firewall, that prevents our email from reaching its destination. If you have not been receiving emails sent out via ProClass, you might try the following:

1. Check your Spam.
2. Add the following email address to your whitelist: noreply@imperisoft.com. This tells your provider that you always want emails from this sender to be delivered. For tips on how to do this, Google “How to Whitelist”.
3. Some browsers segregate incoming emails into various categories, such as “social”, “business”, etc. Check to see that NFLl emails are not being diverted to a category different from your default.
4. Contact your provider; they should be able to tell you why NFLl emails are not getting through. You can Google your provider’s support line for a way to contact your provider.
5. Consider creating a new account with a different provider, such as gmail.com. Then change your New Frontiers account to reflect your new email address.
6. Is your New Frontiers profile up to date? Have you changed email addresses recently?

If you have tried all of the above steps without success, you can email Peggy Randolph, chair Support Services/Communications, peggy.randolph@asu.edu to let us know of the problem, and we will try to delve further to find the solution.
Open House Fall Preview

COVID may keep us apart for an in-person Open House but it cannot keep us from having some in-person classes this fall! Join us on Zoom to hear what NFLL has planned for the fall and learn how to register for classes.

Virtual Open House via Zoom

Monday, September 13, 10:00 a.m. - 11:00 a.m.

https://us02web.zoom.us/j/82790393610?pwd=U0hiWFVTeXNqRk5h
Meeting ID: 827 9039 3610
Passcode: 558163

If you can’t make the Sept, 13 Zoom Open House, we will post the recording on our website.

Why attend? You will:

• Learn more about the Fall 2021 classes so you can determine which ones to take
• Discover volunteer and social opportunities
• Hear from NFLL Leadership
• Learn how to enroll or renew your membership at MCC and register for fall classes
• Be ready to register for classes on Friday Sept. 17 at 9 am!

Cindy Schrantz, Curriculum Committee Co-Chair

Frank Rickey

We recently learned that Frank Rickey, died last March. He was one of the Founding Members of New Frontiers.

Members that knew him said that he was conservative, funny, passionate, a sharp guy and dedicated to NFLL. He was also down to earth and dealt with facts as they were, didn’t sweet coat them, which alienated some people.

He hosted Coffee and Conversation on Mondays at the Mesa Fire Department, where conversations sometimes became quite heated. He was loved by his friends and he was a great guy.

In part, his Obituary said:

Frank Burdette Rickey, 91, of Mesa, Arizona left us surrounded by family on March 10, 2021 due to complications from Covid-19.

In retirement, he was a founding member of “New Frontiers for Lifelong Learning”, started in 1995 at the auspices of Mesa Community College and which now serves the entire East Valley. During his many years with New Frontiers, he especially loved teaching computer classes to his peers.

He was currently enjoying his role as a facilitator for the “Coffee and Conversation” group where he loved to engage in discussions about current events. The group was very disappointed to suspend meetings due to Covid-19 in 2020.

His daughters: As Dad always said “Drive safe and have fun!”

Mary Boehlen Membership Committee chair, Secretary
Summer is almost over and that can mean only one thing – hiking in Arizona's great outdoors. New Frontiers' two hiking groups, the Tuesday morning Trailers and the Friday morning Trailblazers are getting ready to hit the trails. For years these two hiking groups have brought members together to enjoy each other's company while appreciating the beautiful Arizona outdoors and getting some fresh air and exercise.

Rejoice! High country hikes will return to our schedule!

With the availability of a vaccine and a high level of vaccination, carpooling will again be available, allowing easier access to more distant locations. We will be cautious, limiting the number of passengers per car and restricting ridership in each vehicle to people in the same social circle.

The Trailers hiking group does their hikes on Tuesday morning. These hikes are intended to be easy, with occasional moderate sections for short distances. Hikes will usually be between 2.5 and 4 miles long, with elevation changes of less than 400 feet. The objective is a fun recreational hike enjoyable to most hikers in reasonable condition.

Looking for a bit more intense experience? Trailblazers' hikes on Friday mornings are intended to be a bit challenging. The hikes are typically between 4.5 and 6.5 miles in length. They are usually classified as moderate and may include elevation changes over 1,000 feet. Since these hikes are longer and usually require more energy, they are often followed by lunch or a picnic in these socially distancing times.

The fall 2021 hikes will include eleven Trailers' hikes, starting on October 5 and running through December 14. Trailblazers also have eleven hikes planned, beginning October 8, with the last scheduled for December 17.

The hikes are led by experienced group members who contribute their knowledge of local trails to pick those that are most appropriate for their group. If you're ready to enjoy the natural beauty that our part of Arizona has to offer, lace up your hiking shoes, fill up the water bottles and come join us. Contact the groups' facilitator, Greg Master (gamst51@gmail.com or 832-594-6175) for enthusiastic answers to all your questions.
From the Volunteer Committee:
Barbara Thelander, Cathy McGonigle, Mary Adamick and Mary McGonigle

Merriam-Webster’s definition to volunteer, is to give of yourself in service to a cause. It is about freely giving your time to help an organization, your community, or an individual. Dedicating your time as a volunteer helps you make new friends, expand your network, and boost your social skills.

New Frontiers is a volunteer lifelong learning organization founded in 1995, and sponsored by Mesa Community College, one of the Maricopa Community Colleges. Members source and facilitate classes both online and in person, provide support for the operations of New Frontiers, and volunteer for MCC activities.

MCC’s Fall 2021 events that NF’s members can volunteer to support are:

Fall 2021 Performing Arts – www.mesacc.edu/arts - MCC Theatre

King Lear - NT Live Screening - September 10, 2021

Cyrano de Bergerac - NT Live Screening - September 17, 2021

Concord Floral - October 15 – October 23, 2021

No Man’s Land - NT Live Screening - October 29, 2021

Gin Mummy - December 3 – December 11, 2021

Volunteers are needed as ushers in the MCC Theatre and/or the Performing Arts Center for the events. Please contact Marisa Estrada, Box Office Coordinator, at 480 461-7867 or 480 461-7172.
We Care Wednesdays is a food distribution that takes place on the first Wednesday of every month at the Southern/Dobson campus, and the third Wednesday of every month at the Red Mountain campus. The food distributions take place from 10 am-12 pm, and are open to all students, staff, and community members in need of food assistance:

- **Drive-thru service. A volunteer** will place food in your trunk or vehicle. (Walk-up service is available for those without vehicles.)
- **Southern Dobson Campus: Located in the Southwest parking lot.** Please enter from Dobson Road onto Solar Way at the Southern and Dobson campus.
- **Red Mountain Campus: Located in the Red Mountain Way Circle.** Please enter from McKellips Rd and proceed straight through the stop sign. Distribution takes place in the former Bus Stop circle near the library.

**Southern Dobson Dates:** Fall Semester: Sept 1, Oct 6, Nov 3, Dec 1

**Red Mountain Dates:** Fall Semester: Sept 15, Oct 20, Nov 17, Dec 15

**. Volunteers will be needed on both campuses for We Care Wednesdays. Members need to call Michelle Chambers at 480-461-6266 or email michelle.chambers@mesacc.edu to sign up. She will need your basic information, as well as the dates you want to volunteer. Masks must be worn on campus at all times. Volunteers should arrive at 9:45am.

Complete this New Frontiers Volunteer Interest Form [New Frontieres Volunteer Interest Form](#) and send it to Michelle Chambers with your information and she will contact you when help is needed for these volunteer opportunities.

Please track how many hours you volunteer for this event, including your travel time. Each member can report their total hours in the spring upon receiving our request for all member volunteer hours.

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**Mesa Market**

- **Southern & Dobson Campus - Located in KSC 35S**
- **Red Mountain Campus - Located in Mesquite 210**
- **Open Monday-Friday, 8:00am-5:00pm**

New Frontiers has supported the College’s free food and hygiene pantry called the Mesa Market. Students are welcome to select up to ten food and five hygiene items per week.

If you’d like to donate to the Mesa Market, please see list of items [HERE](#).

Donations can be delivered to the Office of Student Life and Leadership at either the Southern & Dobson or Red Mountain campus.

Please click this link to download a flyer for the Mesa Market: [MM Flyer 2021](#).
NEW FRONTIERS FOR LIFELONG LEARNING

New Frontiers is an organization dedicated to adults wishing to continue their discovery of knowledge and advance their learning. Founded in 1995, New Frontiers for Lifelong Learning was created through the sponsorship of Mesa Community College.

The community college is located in Mesa, Arizona and serves the communities of the East Valley of metropolitan Phoenix. We are a peer-led, self-governed organization with interests in volunteer opportunities, travel, hiking, and healthy lifestyles.

Discovering new, lifelong friendships is an added bonus.

Isaac Asimov, American writer and professor of biochemistry at Boston University