



## Hiking on Fridays for Recreational Exercise 2019 Spring Hikes

- Trailblazers' hikes are intended to be a bit challenging. Hikes are usually between 4.5 and 6.5 miles in length, rated up to moderately difficult and may include elevation changes that may be over 1,000 feet. Hikes may be canceled due to weather conditions.
- Trailblazers like to eat and hikes are usually followed by a lunch option.
- Register for Trailblazers class and sign Maricopa Community Colleges Risk Form #1. If you signed this form in the past you're good to go.
- Hikes are on Fridays. You will get weekly emails with details about the hike, hike leader, meeting time and carpool location.
- **The schedule will change, so watch for weekly emails.**

- Feb 8      **Apache Wash Trail Loop, Phoenix Sonoran Preserve:** 5.5 miles on a scenic desert loop. Leader: Allan
- Feb 15     **Lost Goldmine, Tonto National Forest:** A five mile long moderately difficult hike from Gold Canyon. Leader: Steve
- Feb 22     **Camp Creek Falls, Cave Creek Sector of Tonto National Forest:** A bit short at 2.5 miles but hikes don't get any cooler. It's up hill at the end and there are good eats in Cave Creek. Leader: Marie-France
- Mar 1      **Dynamite & Goldmine Trails, San Tan Regional Park:** A couple of trails in a park we don't visit much. Leader: TBD
- Mar 8      **Butterfield & Goldwater Trails Loop, Estrella Mountain Regional Parks:** We explore another of Maricopa County's great regional parks. Leader: Ron
- Mar 15     **Turnbuckle, Lost Creek, and Quartz Trails, Skyline Regional Park, Buckeye:** This is a 4.5 mile loop at an average 2,000 foot elevation. Leader: Allan
- Mar 22     **Black Canyon Trail, Rock Springs:** If the river is flowing the view is spectacular and there is always pie. Leader: TBD
- Mar 29     **Horton Creek Trail, Payson:** Many think it's one of our most scenic. Leader: TBD
- Apr 5      **Spruce Mountain Loop (aka Groom Creek Loop, Prescott National Forest):** Six miles with 1,400 foot elevation change from an elevated start. Includes a lookout tower, which should be an indicator of the views. Leader: Greg
- Apr 12     **West Fork Trail, Oak Creek Canyon:** Just a bit of a trek for some great scenery. Leader: Ron
- Apr 19     **Mormon Lake, South of Flagstaff:** Hike an abandoned railroad trail along the Arizona Trail. About 4.5 miles at 7,000 ft elevation. This is an all-day activity, stopping for a late lunch after the hike. Leader: Allan
- Apr 26     **No hike. NFLL Volunteer Recognition Luncheon.**

## NFLL Trailblazers Meeting Place's for Carpooling

### **Country Club and Brown (1025 N. Country Club)**

The Mesa Schools Student Services Center is located on east side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9<sup>th</sup> Place and Country Club.

### **Dobson and Southern Campus (Main MCC Campus)**

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & US 60).

### **Superstition Springs Mall**

Power Rd. & US 60. Meet in the southeast corner of the Superstition Springs Mall parking lot inside the outer circumference drive across from the late "Toy's R Us".

### **MCC Red Mountain Campus**

The Red Mountain Campus is located at Power Rd. and McKellips. Meet in parking lot #3 across the street from the main campus buildings.

### **Gilbert and McKellips (Basha's parking lot)**

Behind (north) Dutch Bros Coffee (next to Gilbert Road) at the northwest corner of Gilbert Rd and McKellips.

Due to the limited parking spaces at many trailheads, carpooling is preferred. Donations to help pay for gas are recommended and greatly appreciated by our drivers.

## Facilitators and Leaders

Sandy Whitley	480-390-6466	sandyariz@cox.net
Lois Schaffer	480-833-1672	ljsnaz@q.com
Steve Johnson	480-818-8964	ssjarz@gmail.com
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Greg Master	480-733-3851	gamst51@gmail.com
Nancy Spence	480-357-0996	NancyActPar@cox.net
Ron Schueman	480-807-4725	rscshueman@gmail.com

***Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and may expose you to risks. Risks can be reduced by preparation and training, but risks cannot be eliminated.***

***Strongly Suggested: minimum of 2 pints of water, hat, hiking boots or sturdy shoes, walking stick, snack and sunscreen.***