



Tuesday Hikes!



NFLL TRAILERS Spring 2019 Hikes

Risk form #1 (outdoor activities) required

(Hikes & meeting places may change. Updates will be emailed each

- Trailers hikes are intended to be easy, with occasional moderate sections for short distances. Hikes will usually be between 2.5 and 4 miles long, with elevation changes of less than 400 feet. The objective is a fun recreational hike enjoyable to most hikers in reasonable condition.
- All hikers must be registered for the class and sign a Maricopa Community Colleges Risk Form #1 before participating. Follow the instructions in the NFLL web site *Members Toolbox* Because of insurance restrictions, guests are not allowed.
- Although every precaution will be taken to assure safety, participants must recognize that hiking can be a dangerous activity. Hikers should be in reasonable physical condition and know their limitations.
- Hikers will get more information during the week preceding each hike. The schedule **will** change, so please check for the latest information.

- Feb 12** **Lower Salt River from Pho D Sutton, Tonto National Forest:** Leader: Marlin
- Feb 19** **Pine Loop & Ballantine Trail North of Fountain Hills:** Trail is a 3.4 mile loop with a 500ft elevation gain. Leader: Allan
- Feb 26** **Javelina Canyon, Tidgeline and Beverly Canyon Trails at South Mountain Park:** Just over three miles with ups and downs. Leader: Isabelle
- Mar 5** **Balance Rock, Scottsdale Preserve:** A great desert hike to a nifty destination. Leader: Marie-France
- Mar 12** **Arnett Canyon, Tonto National Forest:** A four mile in and out hike through a beautiful riparian area leaving from the Picket Post parking lot. Leader: Jane
- Mar 19** **Lost Dog Wash, McDowell Sonoran Preserve:** A valley favorite. Leader: Marlin
- Mar 26** **Casa Grande Mountain Trail:** Trail is 3.2 miles with a 350ft elevation gain. Leader: Allan
- Apr 2** **Leader's Choice Trail:** Everyone likes a surprise. Leader: **TBD**
- Apr 9** **Cats Peak Loop, Usury Regional Park:** A three mile loop in our closest regional park. Leader: Jane
- Apr 16** **Leader's Choice Trail:** Maybe even two surprises. Leader: **TBD**
- Apr 23** **Rim Vista, Coconino National Forest:** Breathtaking vistas up on the beautiful, cool rim. Leader: Marlin



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New Frontiers Trailers

Meeting Place's for Carpooling



Dobson and Southern Campus (Main MCC Campus)

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & U.S. 60).

Red Mountain Campus

The Red Mountain Campus is located at Power Rd. & McKellips. Meet in Parking lot # 3 across the street from the main campus buildings.

Gilbert and McKellips (former Basha's parking lot)

Behind (north) Dutch Bros Coffee (next to Gilbert Road) at the northwest corner of Gilbert and McKellips.

Superstitions Springs Mall

Power Rd & US 60. Meet in the southeast corner of the Superstitions Springs Mall parking lot inside the outer circumference drive across from the late "TOYS 'R US".

Country Club and Brown (1025 N. Country Club)

The Mesa Schools Student Services Center is located on East Side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9th Place and Country Club.

Due to the limited parking spaces at many Trailheads, carpooling is preferred.
(Donations to help pay for gas are suggested.)

All hikers: bring 2 pints minimum water, any needed medications and sturdy shoes. Strongly suggested: hat, hiking boots or shoes, walking stick, snack, and sunscreen.

Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and can result in injury and/or death. Hiking exposes you to risks. Risks can be reduced by preparation and training, but risks cannot be eliminated