

NFL TRAILBLAZERS

Hiking on Fridays for Recreational Exercise (updated Oct 16, 2023)

- Trailblazers' hikes are intended to be a bit challenging. Hikes are usually between 4.5 and 6.5 miles in length, but could be up to 8 miles or more. The hikes are rated up to moderately difficult and may include elevation changes that may be over 1,000 feet.
- Trailblazers like to eat and hikes are usually followed by a picnic lunch option.
- Register for Trailblazers class and sign Maricopa Community Colleges Risk Form #1. If you signed this form in the past you're good to go.
- Hikes are on Fridays, with an occasional non-Friday special event. You will get weekly emails with details about the hike, hike leader, meeting time and location.
- **The schedule will change, so watch for weekly emails.**

- Oct 6 **Beverly Canyon, National, Javalina Canyon Loop, South Mountain**, 3.9 miles long, 482 elevation gain.
- Oct 13 **Black Mesa Trail #241, Superstition Wilderness**: 6.2 miles long, 448 feet elevation change.
- Oct 20 **Cypress Trail to Boulders Trail Loop, Tonto National Forest, Payson**: 5.2 miles long, 282 feet elevation change.
- Oct 27 **Wind Cave Trail, Utery Regional Park**: 3.2 miles long, 1043 feet elevation change.
- Oct 27 **Full Moon Hike, Blevins Trail, Utery Regional Park**: 3 miles long, 200 feet elevation change.
- Nov 4 **Shaw Butte Trail, Phoenix Mountain Preserve**, 4.2 miles long, 790 feet elevation change.
- Nov 10 **Dynamite / Gold Mine Loop, San Tan Regional Park**: 3.5 miles long, 584 elevation change.
- Nov 17 **Horseshoe / Gateway Loop, SMSP**: 4.9 miles long, 659 feet elevation change.
- Dec 1 **Marco de Niza, South Mountain**: 3.8 miles long, 1200 foot elevation change.
- Dec 8 **Tom's Thumb, SMSP**: 5 miles long, 1363 feet elevation change.
- Dec 15 **Carney Springs Waterfall via Lost Goldmine East Trail, Superstition Wilderness-Gold Canyon**: 4.2 miles long, 633 feet elevation change.

For additional information contact the facilitators, Greg Master, at gamst51@gmail.com or Marie Ganansia, at mariefranceganansia@gmail.com

The schedule will be posted to the New Frontiers website as it is updated throughout the season.

Trailblazers
Meeting Place's for Carpooling

Country Club and Brown (1025 N. Country Club)

The Mesa Schools Student Services Center is located on east side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9th Place and Country Club.

Dobson and Southern Campus (Main MCC Campus)

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & US 60).

Superstition Springs Mall

Power Rd. & US 60. Meet in the southeast corner of the Superstition Springs Mall parking lot inside the outer circumference drive across from the late "Toy's R Us".

MCC Red Mountain Campus

The Red Mountain Campus is located at Power Rd. and McKellips. Meet in parking lot #3 across the street from the main campus buildings.

Gilbert and McKellips

Southeast side of the intersection east of Starbucks.

Due to the limited parking spaces at many trailheads, carpooling is preferred. Donations to help pay for gas are recommended and greatly appreciated by our drivers.

Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and may expose you to risks. Risks can be reduced by preparation and training, but risks cannot be eliminated.

Strongly Suggested: minimum of 2 pints of water, hat, hiking boots or sturdy shoes, walking stick, snack and sunscreen.