



## Tuesday Hikes!



### **NFLL TRAILERS Fall 2023 Hikes**

**(Hikes & meeting places may change. Updates will be emailed each week)**

- Trailers hikes are intended to be easy, with occasional moderate sections for short distances. Hikes will usually be between 2.5 and 4 miles long, with elevation changes of less than 400 feet. The objective is a fun recreational hike enjoyable to most hikers in reasonable condition.
- All hikers must be registered for the class and sign a Maricopa Community Colleges Risk Form #1 before participating. Follow the instructions in the NFLL web site *Members Toolbox* Because of insurance restrictions, guests are not allowed.
- Although every precaution will be taken to assure safety, participants must recognize that hiking can be a dangerous activity. Hikers should be in reasonable physical condition and know their limitations.
- Hikers will get more information during the week preceding each hike. The schedule **will** change, so please check for the latest information.

- Oct 3** **Lost Sheep, Moon Rock, Chain Fruit, Usery Regional Park:** 3.6 miles long, 300 elevation change.
- Oct 10** **Lost Goldmine and Cougar Loop, Gold Canyon:** 4.0 miles long, 383 foot elevation change
- Oct 17** **Beverly Canyon / Pima Wash Loop, South Mountain Park:** 3.0 miles long, 275 foot elevation gain.
- Oct 24** **Upper Ranch and Brown's Ranch Road Trail, SMSP:** 3.9 miles long, 183 elevation change.
- Oct 27** **Full Moon Hike, Blevins Trail, Usery Regional Park:** 3 miles long, 200 feet elevation change
- Oct 31** **North Trail, McDowell Mountains Regional Park:** 2.9 miles long, 137 feet elevation change.
- Nov 7** **Axel Grease Trail, SMSP:** 4.2 miles long, 200 feet elevation change.
- Nov 14** **Ruidoso, Meridian and County Line Trails Loop, South of Usery Regional Park:** 3.4 miles long, 121 feet elevation change.
- Nov 28** **Arnett Canyon, Tonto National Forest - Superior** 3.3 miles long, 170 feet elevation change.
- Dec 5** **Shadow Mountain Trail, Phoenix Mountain Preserve:** 2.6 miles long, 426 feet elevation change.
- Dec 12** **Basalt Ridge Overlook from Brown's Ranch Trailhead, SMSP:** 3.8 miles long, 120 feet elevation change.

For additional information contact the facilitators, Greg Master, at [gamst51@gmail.com](mailto:gamst51@gmail.com) or Marie Ganansia at [mariefranceganansia@gmail.com](mailto:mariefranceganansia@gmail.com)

The schedule will be posted to the New Frontiers website as it is updated throughout the season.



## Tuesday Hikes!

### New Frontiers Trailers

### Meeting Place's for Carpooling



#### Dobson and Southern Campus (Main MCC Campus)

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & U.S. 60).

#### Red Mountain Campus

The Red Mountain Campus is located at Power Rd. & McKellips. Meet in Parking lot # 3 across the street from the main campus buildings.

#### Gilbert and McKellips

Southeast corner by Starbucks.

#### Superstitions Springs Mall

Power Rd & US 60. Meet in the southeast corner of the Superstitions Springs Mall parking lot inside the outer circumference drive across from the late "TOYS 'R US".

#### Country Club and Brown (1025 N. Country Club)

The Mesa Schools Student Services Center is located on East Side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9<sup>th</sup> Place and Country Club.

Due to the limited parking spaces at many Trailheads, carpooling is preferred.  
(Donations to help pay for gas are suggested.)

**All hikers: bring 2 pints minimum water, any needed medications and sturdy shoes.  
Strongly suggested: hat, hiking boots or shoes, walking stick, snack, and sunscreen.**

*Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and can result in injury and/or death. Hiking exposes you to risks. Risks can be reduced by preparation and training, but risks cannot be eliminated*