

# **NEW FRONTIERS**

A Program of Mesa Community College

for Lifelong Learning

# Lifelong Learning Events in the East Valley

An irregular email notification of lifelong learning events of possible interest to New Frontiers Members from the Support Services/Communications Committee

# FREE DANCE CLASS for ADULTS 65+ MESA ARTS CENTER

## WEDNESDAYS, AUGUST 28-OCTOBER 16

11:30am-12:45pm

## **REGISTRATION REQUIRED**

**Class Description:** <u>Mature Moving Me</u> is a low-impact, beginner to intermediate level dance class based in modern dance technique, jazz, ballet, and social dance forms. Designed for a range of physical abilities and dance experience, this class is physical, social, and creative!

The class includes a seated warm-up that progresses to standing, gentle stretching, movement that travels across the floor, and choreographed standing phrases. Participants will improve their strength, balance, range of motion, and body awareness and connect to their creativity in a supportive, joyful environment.

Dance integrates mind, body, and spirit and has proven benefits to the brain and body as we age. Come and experience for yourself!

#### **About the Instructor:**

Allyson Yoder is a graduate of the 2016 Creative Aging Teaching Artists Cohort and holds a B.F.A. in Dance from Arizona State University. She has been teaching dance for older adults at the Mesa Arts Center since 2015.

#### **Dates & Time**

Wednesdays 11:30 a.m. - 12:45 p.m. Aug 28-October 16

#### **Location:**

Mesa Arts Center 1 E. Main St, Mesa, AZ 85201 Studios South, Dance Studio

To register: email engagement@mesaartscenter.com

For additional information contact:
Allyson Yoder

Teaching artist, dancer, & choreographer

520.282.2781



Hi New Frontiers Members,

I hope you all had a great summer break. We are doing some great new things here at MCC. Our Performing Arts Departments have partnered with ACT 1 organization here in AZ. We are part of ACT 1 Culture Pass Program that is in your local libraries. The goal is to bring more community awareness of our program here at Mesa Community. The following is an excerpt from our Press Release about the new partnership.

The Act One Culture Pass program is a partnership between Act One, public libraries and arts/cultural institutions. The program offers library cardholders free admission for two people to attend events at cultural institutions or performances throughout the valley. Library cardholders select the venue or performance of their choice from the display at their local library and have seven days to visit the venue or reserve their performance tickets.

The purpose of the Act One Culture Pass is to provide opportunities for a diverse sampling of community members in our state to have access to the arts, regardless of income or economic ability. Learn more about the Act One Culture Pass program at <a href="mailto:act1az.org/culture-pass">act1az.org/culture-pass</a>.

https://www.mesacc.edu/news/press-release/mcc-performing-arts-partners-act-one-culture-pass-expands-access-arts

If you were unaware of this program. Please check it out and tell your friends.

We have an amazing year ahead of us with the great performances that we're offering. First up is the PAC Musical Productions - Musical Theatre: A Season of Discovery. The performances of Spring Awakening and Mamma Mia will be this fall. Company and Kiss Me Kate are our Spring performances and Newsies will be our summer 2020 production. All will be at the MCC Performing Arts Center.



Then the MCC Theatre & Film Arts presents a great season at the MCC Theatre this year.



We can't wait to see you at some of our events.

Have a great day!

Marisa

#### MARISA ESTRADA

#### **MESA COMMUNITY COLLEGE**



**Box Office Coordinator** 

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August 23 at 7 pm at MCC Theatre

Mesa Community College Theatre & Film Arts presents National Theatre Live's broadcast of The Audience.

Nominated for three Tony Awards®, *The Audience* sees Helen Mirren reprise her Olivier Award-winning performance as Queen Elizabeth II, following her Academy Award® win for the same role *The Queen*. Encore screenings of the original West End production of *The Audience*, captured live in London in 2013, feature an exclusive Q&A with Stephen Daldry and Helen Mirren.

For sixty years, Queen Elizabeth II has met with each of her twelve Prime Ministers in a private weekly meeting. This meeting is known as The Audience. No one knows what they discuss, not even their spouses.

From the old warrior Winston Churchill, to the Iron Lady Margaret Thatcher, Tony Blair right up to today's meetings with the current incumbent David Cameron, the Queen advises her Prime Ministers on all matters both public and personal. Through these private audiences, we see glimpses of the woman behind the crown and witness the moments that shaped a monarch.

Encore screenings feature a live performance recorded during the original run of the production in London's West End in 2013 and features the original West End cast.

\*This is a prerecorded event

\*\*performance end time subject to change

## Directions and parking

The MCC Theatre is located on the south side of the Southern & Dobson campus just east of Dobson Avenue. Parking is free.

#### **Event Short Link**

https://www.mesacc.edu/arts/Zdq

**Tickets Prices** 

General Public - \$15

Staff/Student/Senior -\$9



The Arts at MCC Newsletter

# August 2019



**Buy Tickets** 







**The Audience** 

**King Richard The Second** 

Independence

NT Live Screening	NT Live Screening	
August 23rd 2019	August 30th 2019	August 31st 2019
@ The MCC Theatre	@ The MCC Theatre	@ The MCC Theatre
Buy Tickets	<b>Buy Tickets</b>	Buy Tickets

# **Coming Soon**







## Threaded Exhibit

@ MCC Art Gallery

September 3 – November 7

**Learn More** 

### The Lehman Trilogy

@ MCC Theatre

September 13

**Buy Tickets** 

### **Spring Awakening**

@ MCC PAC

September 19 – September 21

**Buy Tickets** 

Mesa Community College Box Office | 480-461-7172 | mesacc.edu/arts